



THE LILYDALE PROGRESSIVE

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INTERNATIONAL YEAR OF
ASTRONOMY
2009

Progressive Deadlines

Articles for inclusion can be left at the Lilydale Pharmacy or e-mailed to:
lily.progressive@gmail.com
by the following dates:

2009

- February 20th
- March 20th
- April 24th
- May 22nd
- June 26th

Editorial

Welcome to the 1st edition of the 30th year of the Progressive. That's quite an achievement for a small local newsletter!

Of course we wouldn't be in our 30th year without the help and support of the community. Local businesses who advertise in the Progressive and local groups who keep us all up to date with all the news from around the District. Thank you all so much for your input over the past 30 years. Let's hope we can continue for another 30, I certainly look forward to reading all the interesting articles you'll be sending in this year.

I hope everyone had a great time over the Christmas break. Catching up with family and friends is what it's all about for me. Jane Howard, a US journalist once said, "Call it a clan, call it a network, call it a tribe, call it a family. Whatever you call it, whoever you are, you need one."

Why is it that we all seem to catch up only at the 3 big events, births, deaths and marriages? Bryan and I travelled back to Victoria just after Christmas for just such a big one, when Bryan's niece got married. A few whirlwind days in Melbourne, shopping and catching up with my family, then it was off to the Latrobe Valley for the big event. Hearing all the news and meeting some new additions to the family, (a new sister-in-law from Canada and my nephew's new fiancé from Poland), were highlights of the trip (as was the visit to the wholesale bead shop, I thought I'd gone to heaven!) After a terribly windy, and rainy Friday, thankfully the rain stopped and the wind died down on Saturday for the wedding (just as well really as the ceremony and reception were held outside).

We lived in the Valley for 17 years before coming to Tassie, and Bryan grew

up in a little place called Hernes Oak after he arrived from England when he was 7 (the village was demolished in the 80's for the Yallourn Open Cut), so we have lots of great friends there.

As Marlene Dietrich said, "It is the friends you can call up at 4 a.m. that matter", and that's the sort of friends we have, both here in Lilydale and there. They're the ones who you may not have seen or even spoken to in 12 months, but when you get together you seem to take up just where you left off, as though you'd never been apart. Where you know they'll tell you the truth (whether you want to hear it or not), laugh with you, cry with you, be there in the good times and the bad. I think Ralph Waldo Emerson said it best, "It is one of the blessings of old friends that you can afford to be stupid with them."

And silly I certainly was, one of our friends in particular, always brings out the devil in me ;-). After 5 nights of not getting to bed before 1 or 2 am and hours spent laughing and talking it was time to say farewell and head back to the airport, a lot tired, much broker and certainly more hoarse in the throat than when we left. I think I'll try to get back and catch up a little more often this year. Maybe that way I won't need a week's holiday when I get back to recuperate ;-).

I'd like to continue with something we started last year and have each of the local groups do an Editorial this year, so now it's over to you. Let us know what you've been up to, what you're planning, what your group is all about. Drop me a line if you'd like to have a go. That way no-one will have to listen to me waffle on all year.

It's up to you.....

Jayne



The Lollydale Shoppe

1974 Main Road Lilydale
☎ 6395 1156
inside Yummies

Well Christmas is truly over now, and I hope everyone had a great one!

Time to start thinking about Valentine's Day, that's February 14th. You don't want to get in the bad books do you for forgetting that special person on this very special day? Come in and see what's on offer; get yourself some brownie points by giving them something lovely from Lollydale. Besides all the beautiful pre-packaged goods, I can make you up a gift basket. All you have to do is drop in or phone and let me know the price range you would like and if there are any particular goodies you would like in your basket, and I can have it ready for you.

And don't forget I still have my gift section.
Chat to you soon,
Norma



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Mob: 0407 127 119

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Lilydale Football Club News

The 2009 footy season is fast approaching and seniors and reserves training has begun. Training nights are Tuesdays and Thursdays at 6pm on the Lilydale football oval.

A big welcome to Clinton Parker, our new Seniors Coach, who has some great new ideas to make training a bit more interesting. Greg Nutting is taking on the task of Reserves Coach and Rob McLelland takes over from David Walsh as President. We look forward to another successful year for our club in 2009.

Anyone not tried one of our delicious wallaby kebabs or wallaby sausages yet? If eating Skippy is a bit much for some there's also beef burgers and sausages for sale at the Lilydale Footy Club BBQ at the Lilydale market alternate Sundays. Come and try one and support your local footy team.

MONSTER AUCTION ON AGAIN

Saturday 14th February 2009

Lilydale Football Ground

Anyone with donations please contact the following for the collection of items.

- Rob McLelland 0419 971 136
- David Walsh 0418 128 877
- Greg Nutting 0448 078 380
- Alan Rosier 6395 1043
- Bill Allen 6395 1013
- Debbie Haines 6395 1066

Viewing of lots is from 10am with the auction starting at 12 noon.

Canteen and bar open from 1pm.

Mary Walsh Centre News

We had an enjoyable Clients' Christmas luncheon prepared at the centre. Debbie, assisted by Maureen, did a fantastic job catering for so many - twelve clients, five staff members, our driver and two board members who attended on the day. Santa distributed presents from his sack and we ate more chocolates than most of us would normally consume in a month! Heather accompanied our carol singing on the organ and the centre resounded with the music. Betty made a speech on behalf of all the clients, congratulating and thanking staff for their role in meeting client needs, contributing to the smooth running of the centre and generally making a positive difference to the lives of the older folks living in our community. Thank you Betty for your generous acknowledgement.

Although the year has barely begun, Trish has started planning for a new group project - another quilt. This time it will feature individual clients photographs. It sounds very interesting.

We sadly acknowledge the sudden death of, Robert, the son of Joe and Joan Cocker and extend our sympathy and love to the family.

Another new client, a gentleman, has joined our group and we extend a warm welcome.

Despite threatening rain, we proceeded with our picnic outing to the Falls Reserve where we shared an enjoyable lunch. After lunch a few of us took a walk along the path to the falls where we heard a variety of birdcalls, viewed magnificent man ferns and tall eucalypts. An unpleasant wind ripping bark from trees and blowing dust about finally sent us packing for shelter.

Lilydale C.W.A Notes

From Lilydale C.W.A members, best wishes for a special 2009, a happy, healthy year for everyone.

We look forward to celebrating our 70th birthday in autumn.

Christmas for branch members was celebrated with lunch at Tranquility Gardens at Legana – a delicious meal served in pleasant surroundings with good company, lot of surprise gifts. For those who wished, a stroll round the extensive Japanese style gardens afterwards. You would have to know we were Country Women's Association members – several had apricot cheesecake for afters – the base was tasty and light ... we 'dissected thoroughly' – no solution. There always has to be one who will be cheeky enough to ask the maker – lattice biscuits crushed, and we were told the filling ingredients. Before lunch, Eileen, was presented with a state certificate for 40 years plus service by the Group President.

Next meeting will be 4th February, 9.45 at Uniting Church hall, followed by lunch to share. For information, 63 95 1267 or 63 95 6142.

Hopefully, 'back to school' preparations will not present too many hassles for those organising families for the new school year – nothing will remove the expense!

To finish, a little quote:

"use what talents you possess, the woods would be a silent place if no birds sang there except those who sang best".

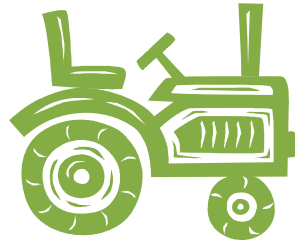
Pony Club News

This year we held our annual 3 day camp at Karoola. Launceston Pony Club joined us and we all had a great time catching up with old friends and making new ones. We hired the pool for one evening and 40 riders splashed around before enjoying a bbq.

Most of the riders slept in the hall, but those who wanted to go to sleep earlier brought tents and slept outside where it was quiet. The horses were quite well behaved but there were always one or two ponies who escaped in the night to find the greener grass on the other side of their pens.

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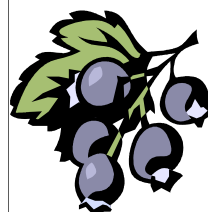
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Yoga and Meditation

Monday 6 – 7.30pm - Mt Arthur Centre

Tuesday 9.15 – 10.45am

Lilydale Village Market Space

Senior Citizens Club

Our Xmas raffle went off extremely well in case some didn't see the winners I will publish them again.

1st: Harvey Bardenhagen
2nd: C. Burgess
3rd: E. Lockhart
4th: Josh Mitchell
5th: Jan Mitchell
6th: Mark McCarthy
7th: Sheldon Cassidy (Donated by Sue Napier)
Congratulations to all winners.

Our bowls practise started on Friday 16th. We hope to see some new faces on Tuesday or Friday at our club-rooms. Come along & have a cuppa.

Our first meeting for 2009 is the 10th Feb at 1-30pm in the Senior rooms.

We do hope to have another good year with 3 bowls carnivals coming up and 1 Tamar Valley held in the community. Hope to see you all next month. R. East



Rocherlea Scout Group

Hey! Check this out!

Are you looking for something new, different for your child, children to get involved with?

Want them to learn more about the great outdoors?

Would you like to see them develop into the leaders of the future?

Why don't you send them to Scouts to do all these things and more.

Scouts Australia caters for young people and youth from ages 6 years to 25 years of age. Different age groups are divided into Sections.

Joey Scouts: 6 & 7 year olds

Cub Scouts: 8 – 11 years

Scouts: 11 – 15 years

Venturers: 15 – 18 years

Rovers: 18 – 26 years

Rocherlea Scout Group

Meeting at the Frank Niewhoff Scout Hall, Archer Street next to the Rocherlea Football Ground on Thursday's at 6.30 pm till 8.00 pm.

Contact:

Group Leader – Dave Robertson Tel 6326 7937, mobile 0419519450

Scout Leader - **Faye Whiting 6339 1631, mobile 0147714489.**

OR just call in and meet us on the night at 6.30 pm, stay and enjoy the activities.

Things You Wouldn't Know Without Movies:

If you decide to start dancing in the street, everyone you bump into will know all the steps.

Lions Club

Doug Strachan Memorial Perpetual Bursary

The Lions Club of Lilydale would like to congratulate Reg Young from the Lilydale District School who was awarded the Doug Strachan Memorial Perpetual Bursary at the end of last year. This Bursary is sponsored by the Lions Club and we are very proud to be able to support our local school.

It would appear that the Lions club needs the services of a weather man as a member, as our recent activities have been plagued by the damp spring/early summer that we experienced.

Teddy Bears Picnic

We apologise to everyone for the postponement of the Teddy Bears Picnic. The decision to postpone was made on the morning of the event due to the drizzle and wet ground. This community event has been rescheduled to Sunday 1 March so keep your Teddy ready. We would like to thank all the businesses and groups supporting the Picnic for their understanding of what was a difficult decision, and hope that you will be available for the revised date.

Christmas Cakes

The Lions Christmas Cake drive also had to be postponed but we did get around to most places on Monday 15 Dec. These popular traditional cakes went very quickly and we thank all our supporters and hope

Lilydale Football Club Giant Auction

at
Lilydale Football Ground
on
14th February, 2009

Viewing & Registration
from 10am till 12pm
Auction to start at 12pm

All donations gratefully
accepted.

For pickups and enquiries:

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Wayne Riethoff



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Teddy Bear's Picnic

**Hollybank Forestry Reserve
10am-4pm**

Sunday 1st March 2009

Games, stories, food, rides.

**Join this family gathering,
bring a picnic and your
best friend.**

**Entry: Gold coin donation
per family**



you enjoyed your festive fare. The proceeds from the sale of these cakes go towards Lions' major charities centred on assisting people with sight difficulties.

Cow Manure

Our ever popular mulched and pulverized cow manure is still available for your growing gardens by calling Stephen on 6395 1323 (or any other member). Even with the financial crisis it is still only \$5 per bag and free delivery can be arranged to the local area for large orders.

The Lions wish to thank everyone in Lilydale and district who supported our efforts during 2008 and hope that we can continue to serve our community in 2009 and years to come.

RSL News

Our next bus trip is planned for Feb 22nd, leaving the Memorial hall Lilydale at 7.30 am for Ross then across to Richmond. This will be a great day. Members of the community are invited. Cost will be \$10.00 per person. Please contact S. Watson on 63951361 to secure a seat.

Our A.G.M will be on Friday 6th Feb followed by our Annual Dinner on Sunday the 8th Feb.

We are in for a busy year ahead, with three members attending a forum in Launceston in January.

New Directory Delivering Savings for Seniors

Tasmanian seniors will receive even more savings and discounts through the new Seniors Card Directory launched by Parliamentary Secretary to the Premier Heather Butler.

Ms Butler said almost 650 businesses around the State were listed in the 2009-10 directory including 130 new businesses who signed up this year.

"The Seniors Card Directory is about making life a little easier for seniors and it's terrific that so many businesses have supported the State Government's program," Ms Butler said.

"I'd like to thank the businesses who have shown their support for older Tasmanians by providing discounts and savings on a huge range of products."

The directory was launched at the Royal Tasmanian Botanical Gardens, which offers seniors discounts on entry to festivals and purchases made at the visitors centre.

"This year's directory offers savings on a wide range of products and services, from car tyres to holiday accommodation making seniors' dollars go further."

Mrs Butler said Tasmania had a significant population of older people with around 100, 000 people aged 60 years or over.

"Over the coming weeks, more than 77,000 Seniors Card holders around the state will be receiving the

directory with special assistance from Australia Post."

To be eligible for a Seniors Card a person must be 60 years or over, working no more than 20 hours per week in paid employment and a permanent resident of Tasmania.

For a copy of the directory or to view the directory online visit the Seniors Bureau website at www.seniors.tas.gov.au

Peter Alting Memorial Arts Prize thank you from Zane

I am lucky enough to be going to Sweden as an exchange student for three months this year. I am leaving on the 24th of January. I will be staying with my host parents, the Ostborg family.

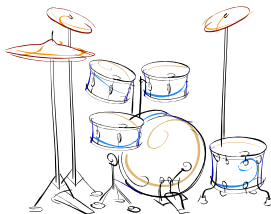
My host mother [Lie] a teacher, my father [Sven-Hendrik] a sawmill worker. I will have two sisters, one 19 and one 16 and a brother who is 13 years old.

They live in a small town, Stugun [roughly the size of Bridport] located about half way up Sweden.

I will be attending school at Wargentinskolan and will be choosing my subjects when I arrive.

It will be in the middle of winter, with a metre of snow around the house!! Around one hour of sunlight during the day at the moment!

Amongst some of the prizes I received from the Lilydale District School at the end of my grade 10 year was the Peter Alting Memorial Arts Prize donated by the Lilydale Arts Council. I was very honoured to receive that. I am very thankful to the Regional Arts Council Lilydale Branch. With the \$200 Prize money I bought a few Cymbals for my drum kit.



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**New state-of-the-art facility for
Launceston waste**

Launceston Mayor Albert van Zetten officially opened the new Waste Transfer Station at Remount Road, offering a new and improved waste disposal service.

The new Launceston Waste Transfer Station is an undercover, easily accessible area utilising one of the biggest moving floor systems in Australia for residents to dispose of waste without entering the landfill site.

**Wanted: Regional arts projects
needing funds**

Tasmanian artists and communities seeking funding for arts and cultural project activities should check out the 2009 Regional Arts Fund Program.

Executive Director for Tasmanian Regional Arts Paul Jenkins is keen to hear from potential applicants.

"Artists, artworkers and community members continue to dream up fabulous projects that often require external assistance. TRA is keen to help make some of these dreams come through and so we remain grateful for the support of the Commonwealth Government in continuing this partnership with TRA."

The Regional Arts Fund has supported regional artists and community participation in the arts since 1996. In 2009, TRA will again be delivering the RAF program on behalf of the Commonwealth Government in Tasmania through three discreet funding categories: Quick response grants up to \$1,500 in value; small grants of up to \$5,000 and major grants for projects requiring funds up to \$10,000.

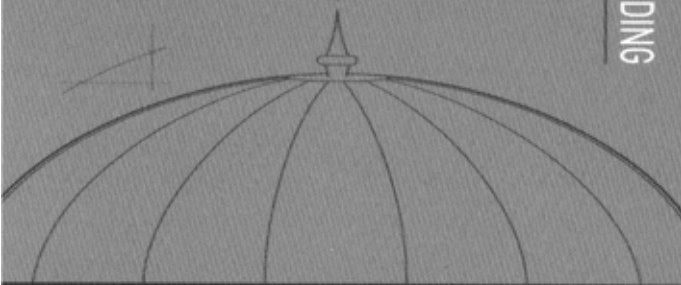
"RAF has a long and successful history of funding arts projects in this state. Successful prior applicants range from larger scale arts projects undertaken by organisations such as Big HART and Streets Alive through

ZENITH

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to individual artists gaining assistance to attend the 2008 Regional Arts Australia National Conference in Alice Springs." Added Mr Jenkins.

Potential applicants can discuss their proposals with one of Tasmanian Regional Arts Development Officers located in Latrobe, Launceston and Hobart.

Applications for quick response grants can be made at any time. The other two categories of funding require applications that need to be received by TRA no later than Monday 16 March 2009.

Application forms and an information pack are available from the TRA website or on request from TRA by calling 6426 2344.

Lilydale Online Access Centre

You Tube and other social networking sites such as Face Book and Picasa Web have changed the way people stay in touch around the world. Now we can each have a page that friends or relatives can view to see how we are and what we've been doing. These spaces are allowing people to inform, entertain and embrace their passions for all the world to see.

There are also some very thought provoking items available online as well. This You Tube video is one of those: videos.komando.com/2008/page/10/ As the person who made the video says "The world is always changing. Demographics shift. Trends come and go. How we interact with one another is always evolving.

Today, those changes are coming faster than ever. Much of that change is being driven by technology. Understanding the world today isn't easy. This video is full of statistics that will help. Some of them will surprise you. And they'll make you see the world in a totally different way."

Very interesting stuff indeed! If you have no idea what I've been talking about with You Tube, Face Book & Picasa Web, why not come down to the Centre and learn a bit more about all the wonderful ways we now have to communicate over long distances.

Centre Opening Times:

Tuesday: 2-6 pm
Wednesday: 9 am-1pm
Thursday: 2-6 pm
Friday: 2-6 pm
Saturday: 10 am-12 noon

Ph/Fax: 6395 1129

To book your one hour session.

Web: www.lilydale.tco.asn.au

Email: lilydale@tco.asn.au

Don't forget our other sites:

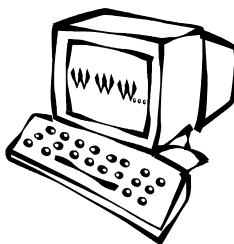
www.lilydaletas.net: Lilydale community website

www.hart.org.au: Links to lots of health sites

www.lilydale-memories.synthasite.com:

Our new community history website

www.lilydaletas.net/forum/ Lilydale Community Forum.



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Open Friday to Monday - 10 am to 5 pm
1976 Main Rd, Lilydale - opp the PO
Contact Ian or Jillian on 6395 1007, or
lilydaleantiques@aapt.net.au



Health Solutions
from the Lilydale Pharmacy

Hatching up a treatment for head lice

According to statistics from the NSW Health Department, more than 20% of primary school students are likely to have head lice; and it's unlikely these statistics would vary too much from state to state.

Given the number of enquiries in pharmacies, it seems quite possible that eradication of head lice is one of the most frustrating problems encountered by parents.

The fact is anyone with a head can catch head lice; regardless of age, sex, background or how clean your hair is. Head lice spread anywhere that people work, play and live together. Most often young children get them, as they don't keep a 'personal space'. They are inclined to be very close and cuddly with friends and family. There is an outbreak in Lilydale at the moment and it takes only one infested head to infest a whole family or a classroom full of heads.

Head lice are wingless insects that make their home in the hair. Their favourite hiding places are behind the ears and at the back of the neck. Female lice lay their eggs (known as nits) close to the scalp, where they remain firmly stuck to the base of the hair shaft until they hatch in about a week's time.

Head lice actually survive by feeding on blood they suck from the scalp – in a similar way to a mosquito. Unlike mosquitos, head lice do not carry disease.

However, they can cause severe itching and this can lead to scratching and skin infections.

Various shampoos, lotions, cream rinses and conditioners are available. They should always be applied to dry hair. Head lice can become resistant, and if you have used treatments before it may be desirable to change to one with a different active ingredient. If you find dead lice after treatment, the product has worked; but you will need to retreat in 7-10 days to catch the lice that have since emerged from newly hatched eggs. After using a head lice treatment, a fine toothcomb should be used with plenty of hair conditioner to remove the nits (eggs). After combing, rinse out the residual hair conditioner. All members of the family and close contacts may need to be treated, but washing of all the bedding is no longer considered to be necessary.

The Lilydale pharmacy has a head lice information sheet to assist with controlling head lice. Permanent eradication is a thing of the past – effective control and reducing outbreaks is the best we can do now. As your children grow into teenagers and develop their 'personal space' the head lice will become less of a problem. Identifying and managing head lice is now a part of parenting and we can help you.



Chinese Zodiac

The 12 Zodiac animal signs (生肖 *shengxiao*) are, in order, the rat, ox, tiger, rabbit, dragon, snake, horse, sheep (ram or goat), monkey, rooster, dog, and pig. There are many legends to explain the beginning of the zodiac.

One of the most popular reads, in summarised form, as follows:

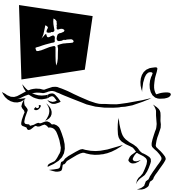
The rat was given the task of inviting the animals to report to the Jade Emperor for a banquet to be selected for the zodiac signs. The cat was a good friend of the rat, but the rat tricked him into believing that the banquet was the next day. The cat slept through the banquet, thinking that it was the next day. When he found out, the cat vowed to be the rat's natural enemy for ages to come.

Interestingly, the cat does make it into the Vietnamese Zodiac, in place of the rabbit (see below).

Another popular legend has it that a race was used to decide the animals to report to the Jade Emperor.



The cat and the rat were the worst swimmers in the animal kingdom. Although bad swimmers, they were both intelligent. They decided that the best and fastest way to cross the river was to hop on the back of the ox. The ox, being a naïve and good-natured animal, agreed to carry them across. However, overcome with a fierce competitiveness, the rat decided that in order to win, it must do something and promptly pushed the cat into the river. Because of this, the cat has never forgiven the rat, and hates the water as well. After the ox had crossed the river, the rat jumped ahead and reached the shore first, and it claimed first place in the competition. Following closely behind was the strong ox, and it was named the 2nd animal in the zodiac.



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Coralee Freeman: 6395 4270

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TELSTRA prepaid mobile phone vouchers come in varied amounts - \$20, \$30, \$40, \$50, \$60 & \$100. Telstra also have prepaid home, phoneaway and bigpond dial-up internet vouchers.

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ALSO DID YOU KNOW that you can now pay all your MOTOR VEHICLE REGISTRATIONS at the Lilydale Post Office?

With such a wide range of payments that can be made at the Lilydale Post Office, we are looking forward to SEEING YOU THERE!!!



Need Help with your weeds? Quikspray Unit on Trailer

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Phone - Greg Duke 0407 882 595

Lilydale Landcare will again offer its special unit for hire at exceptionally low rates to members:



\$30 per day (\$50 per week-end) including 200 litres of spray. (Non-members, \$5 to join. Additional chemical can be purchased.)

The unit is very easy to use with 50 metres of hose – remote radio retractable – mounted on a trailer. With a little help from you, it is DEATH TO WEEDS.

This service is made possible by the valued sponsorship of: Neil Buckby Motors, Elders Ltd and Seasol – together with Tamar Natural Resource Management – your NRM group.

Please congratulate them and reward them.

Weeds to spray: December, January, February

Ragwort – all stages of growth MUST spray or pull

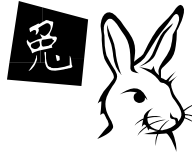
Blackberry – not when fruit is ripening

Gorse – best before seeding (at least map its whereabouts)

Willow – cut and paint with Glycosphate



After the ox, came the tiger, panting, while explaining to the Jade Emperor just how difficult it was to cross the river with the heavy currents pushing it downstream all the time. But with powerful strength, it made to shore and was named the 3rd animal in the cycle.



Suddenly, from a distance came a thumping sound, and the rabbit arrived. It explained how it crossed the river: by jumping from one stone to another in a nimble fashion. Halfway through, it almost lost the race but the rabbit was lucky enough to grab hold of a floating log that later washed him to shore. For that, it became the 4th animal in the zodiac cycle.



Coming in 5th place was the dragon, flying. Of course, the Jade Emperor was deeply curious as to why a strong and flying creature such as the dragon should fail to reach first. The mighty dragon explained that he had to stop and make rain to help all the people and creatures of the earth, and therefore he was held back a little. Then, on his way to the finish line, he saw a little helpless rabbit clinging onto a log so he did a good deed and gave a puff of breath to the poor creature so that it could land on the shore. The Jade Emperor was very pleased with the actions of the dragon, and he was added into the zodiac cycle.

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MON 9-4PM

TUES 9-5PM

WED 9-5PM

THUR- 12-7PM

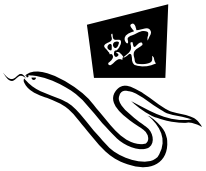
FRI 9-5PM

SAT BY APPOINTMENT

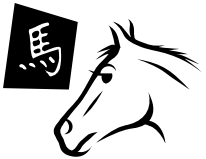
9-12PM

PHONE FOR AN APPOINTMENT TODAY

63 95 13 65



As soon as he had done so, a galloping sound was heard, and the horse appeared. Hidden on the horse's hoof is the snake, whose sudden appearance gave the horse a fright, thus making it fall back and giving the snake the 6th spot, while the horse placed 7th.



Not long after that, a little distance away, the ram, monkey and rooster came to the shore. These three creatures helped each other to get to where they are. The rooster spotted a raft, and took the other two animals with it. Together, the ram and the monkey cleared the weeds, tugged and pulled and finally got the raft to the shore. Because of their combined efforts, the Emperor was very pleased and promptly named the ram as the 8th creature, the monkey as the 9th, and the rooster the 10th.



The 11th animal is the dog. His explanation for being late—although he was supposed to be the best swimmer amongst the rest—was that he needed a good bath after a long spell, and the fresh water from the river was too big a temptation. For that, he almost didn't make it to finish line.



Just as the Jade Emperor was about to call it a day, an oink and squeal was heard from a little pig. The pig got hungry during the race, promptly stopped for a feast and then fell asleep. After the nap, the pig continued the race and was named the 12th and last animal of the zodiac cycle. The cat finished too late (thirteenth) to win any place in the calendar, and vowed to be the enemy of the rat forever.

In Buddhism, legend has it that Buddha summoned all of the animals of the earth to come before him before his departure from this earth, but only twelve animals actually came to bid him farewell. To reward the animals who came to him he named a year after each of them, the years were given to them in the order they had arrived.

2009 is the year of the Ox

People born in the Year of the Ox are placid, patient and have great physical stamina. They are born leaders who stubbornly defend their opinions against any argument. 2009, the Year of the Earth Ox, brings additional straightforwardness and solidity to the Ox making them loyal and focused, with honesty and kindness.

People born in the Year of the Ox include:

- Smoky Dawson (1913)
- Ruth Cracknell

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Weedon Real Estate have been selling Lilydale and District properties for well over 20 years and know what the area has to offer to prospective purchasers.

We have a local agent who lives and specialises in the district, so if you are thinking of selling or would just like to know what your property might be worth on to-days market why not call Tom Dancer on 0419 369 162 for a free no obligation appraisal.

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Sharon Bowden



Community Notices

- Dawn Fraser
- John Farnham
- Magda Szubanski
- Cathy Freeman
- Kieren Perkins (1973)
- Leisel Jones (1985)

Not sure what sign you are? Stay tuned next month to find out more....

Hot Spicy Plum Sauce

Ingredients:

1kg Blood Plums	1/2tsp Ground Cloves
1 Chilli, finely chopped	1/2tsp Ground Allspice
2tsp Salt	3 cups White Vinegar
1/4tsp Ground Ginger	500gm Sugar
1/2tsp Cayenne Pepper	

Method:

Cut each plum into quarters and discard the stone. Put the plums, along with all the remaining ingredients, into a large heavy-based saucepan and bring slowly to the boil, stirring every so often. Cook over a medium heat until the plums have softened and the mixture is moderately thick. Puree in the food processor in batches or, better still, use a moulin. Check when it is a puree that it lightly coats a spoon, remembering that it will thicken more as it cools. If you feel it is still too runny, return the puree to the pot and cook a little longer. Pour into warm sterilised jars and leave to cool, then seal. Don't open for a week to allow the flavours to mellow.

Pork with spicy plum sauce

900 g hokkien noodles
olive or canola oil spray
500 g lean pork, cut into thin strips
1 tablespoon grated fresh ginger
1 onion, sliced
1 bunch asparagus, cut into short lengths
200 g broccoli, cut into florets
1 cup chopped red capsicum
200 g snow peas, halved
1/3 cup plum sauce
2 tablespoons MAGGI Chilli Sauce
1/3 cup reduced-salt soy sauce

Place noodles in a large heatproof bowl and cover with boiling water. Leave to stand for 2 minutes, gently using a wooden spoon to separate strands. Drain well. Spray a wok with oil and heat. Add pork and stirfry over high heat until browned and cooked through, then set aside. Add ginger and onion to wok with 1 tablespoon water and stirfry until golden. Add asparagus, broccoli, capsicum and snow peas and stirfry until bright green and tender. Put sauces in a jug and whisk to combine. Add to wok, stirring over high heat until sauce thickens slightly. Return pork to wok and cook for 2 minutes or until heated through. Serve noodles topped with pork. Garnish with chervil and chopped chives, if desired.

LILYDALE DISTRICT SCHOOL

STATIONERY COLLECTION & UNIFORM SALES

Wednesday, 4th February 2009
9.00am – 12.00noon, 1.00pm – 3.00pm

Thursday, 5th February 2009
1.00pm – 4.00pm, 5.00pm - 7.00pm

Tai Chi Exercise Classes

Come and experience the ancient exercise of Tai Chi in the Uniting Church Hall (behind Church)

All Welcome 9.30 Wed morning



LILYDALE DISTRICT PONY CLUB ADULT RIDING

WHEN: 22nd February

TIME: 10 am sharp

WHERE: Karoola Football Ground
Pipers River Road, Karoola

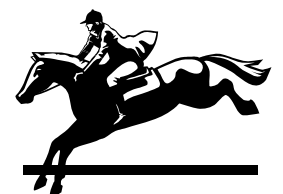
COST: \$40.00 (Yearly Membership/Affiliation with Pony Club Association of Tas \$25.00 per ride (to cover instructors, ground hire etc)

WHAT: All types of riding – Suggestions needed

PLEASE NOTE: To enable us to have enough instructors on the day, please book your place by Monday 16th February.

for enquiries and bookings, please contact:

Jayne Blyth - 6395 4380
or 0419 844 520



What's on in February 2009

Weekly Calendar Events

Every Monday: *Valley Voices: Uniting Church, Main Rd, 7.30*
Every 2nd Monday: *Fire Brigade Training: 7-9 pm 6395 1260*
Every Tuesday: *Day Care: Mary Walsh Centre, 9-3, Senior Citizens: Clubrooms 1.30pm,*
Every Wednesday: *Karoola Playgroup: Karoola Hall 10 am, Lilydale Playgroup: Anglican Church 10-12, Tai-Chi: Uniting Church Hall 9.30 am, Badminton: Lilydale School Gym 7-9pm*
Every Thursday: *Day Care: Mary Walsh Centre, Main Rd 9-3*
Every Friday: *Senior Citizens Bowls: Clubrooms 1.00pm, Badminton: Lebrina Hall 7.30 p.m.*
Every 2nd Sunday: *Lilydale Market 10am-2pm, Main Rd*

Lilydale Emergency Directory:

Fire: 000
Police: 000
Ambulance: 000
Launceston General Hospital: 6348 7111
Poison Information Service: 131126



Lilydale Medical Clinic: 6395 1455
 6395 1258 AH
Lilydale Pharmacy: 6395 1336

Need a Fire Permit, contact one of these people:

LILYDALE

Brigade Chief - Gavin Storay Ph: 63951360 and 0429 022154
 2nd Officer - Dave Cleaver Ph: 0407 047 083
 3rd Officer - David Dornauf Ph: 0409 868 712
 Permit Officer - Murray Dolbey Ph: 0427 846 249

AUSTINS ROAD/ROWLEY HILL ROAD

Permit Officer - Bob Smith Ph: 0428 954 194
 Permit Officer - Shane Coleman Ph: 0407 263 120

LOWER TURNERS MARSH/BANGOR/KAROOLA

Permit Officer - Jeff Tonkes Ph: 6395 4495 or 0418 368 351

LEBRINA

Chief & Permit Officer - Mark Wilson Ph: 6395 6179
 Permit Officer - Robert Hawes Ph: 6395 6270

PIPERS BROOK

Chief & Permit Officer - Peter Harley Ph: 6382 7181
 Permit Officer - Ian Sauer Ph: 6382 7179

PIPERS RIVER

Permit Officer - Andrew Francombe Ph: 6395 4391
 M 0418 133 917
 Permit Officer - John Hurst Ph: 6382 7138

TURNERS MARSH/FINGER POST HILL

Chief: Leon King Ph: 6326 4363
 0428 435 296
 Allison King Ph: 0419 316 964

S	1	Pony Club - Karoola Oval
M	2	Valley Voices - Uniting Church, 7.30 pm
T	3	Day Care - Mary Walsh Centre, 9-3 Senior Citizens - Clubrooms, 1.30pm Progress Association - Courthouse, 7.30pm
W	4	Karoola Playgroup - Karoola Hall, 10am Lilydale Playgroup - Anglican Church, 10 am CWA Lions - 7.30 pm
T	5	Day Care - Mary Walsh Centre, 9-3
F	6	Senior Citizens Bowls - Clubrooms, 1.30pm Badminton - Lebrina Hall 7.30 pm
S	7	
S	8	
M	9	Valley Voices - Uniting Church, 7.30 pm
T	10	Day Care - Mary Walsh Centre, 9-3 Senior Citizens - Clubrooms, 1.30pm Retirement Units - 7.00 pm
W	11	Karoola Playgroup - Karoola Hall, 10am Lilydale Playgroup - Anglican Church, 10 am
T	12	Day Care - Mary Walsh Centre, 9-3 Neighbourhood Watch - Fire Station
F	13	Senior Citizens Bowls - Clubrooms, 1.30pm Badminton - Lebrina Hall 7.30 pm
S	14	Valentine's Day
S	15	
M	16	Valley Voices - Uniting Church, 7.30 pm
T	17	Day Care - Mary Walsh Centre, 9-3 Senior Citizens - Clubrooms, 1.30pm
W	18	Lions - 7.30 pm Karoola Playgroup - Karoola Hall, 10am Lilydale Playgroup - Anglican Church, 10 am
T	19	Day Care - Mary Walsh Centre, 9-3 RSL Meeting - Senior Citizens
F	20	Senior Citizens Bowls - Clubrooms, 1.30pm Badminton - Lebrina Hall 7.30 pm History Group - The Old Courthouse, 8.00 pm
S	21	
S	22	
M	23	Valley Voices - Uniting Church, 7.30 pm
T	24	Day Care - Mary Walsh Centre, 9-3 Senior Citizens - Clubrooms, 1.30pm Mary Walsh Centre - 7.30 pm
W	25	Red Cross - 11 am Karoola Playgroup - Karoola Hall, 10am Lilydale Playgroup - Anglican Church, 10 am
T	26	Day Care - Mary Walsh Centre, 9-3 Uniting Church Social Afternoon - Uniting Church Hall 1.30pm
F	27	Senior Citizens Bowls - Clubrooms, 1.30pm Badminton - Lebrina Hall 7.30 pm
S	28	

Lilydale District Progress Association Inc
PO Box 3
Lilydale, TAS 7268

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The Lilydale Progressive is published monthly from February to December by the Lilydale District Progress Association Inc. Letters to the Editor (up to 200 words) and other copy may be left at the Lilydale Pharmacy. Articles may also be forwarded on floppy disk in any text format or via e-mail to:
lily.progressive@gmail.com

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Full Page	\$100	per issue
Classifieds:	\$1	per issue

Classifieds



For Sale:
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Around the District in February

- 4-14 Hair the musical: Annexe Theatre, Launceston
- 13-15 Festive: City Park, Launceston
- 15 Champagne Breakfast, Franklin House, Youngtown
- 21 NAB Cup: Hawthorn vs Melbourne Aurora Stadium
- 21 Evandale Village Fair & Penny Farthing Championships: Evandale
- 21-22 Wooden Boat Rally: Launceston Port
- 22 Begonia & Craft Day, Entally House
- 25 Launceston Cup & Carnival; Tasman Park
- 28 National Working Bullock Festival,



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Launceston Country Club Casino: Every 3rd Wednesday of the month

Departing Scottsdale Depot at 10.00 am Bridport depart 10.30 am Lilydale depart 11.15 am
Bookings essential. **Free of Charge** **Chance to catch up with friends or do some shopping**

Australian Wooden Boat Festival: Departing Saturday 7 February 2009

Departing Scottsdale Depot at 7.30 am and returning from Hobart 5pm Coach & Entry to Festival \$57.00 per adult & \$45.00 per children under 16 yrs. Book early to avoid disappointment.

National Working Bullock Festival – Oatlands: Departing Saturday 28 February 2009

Departing from depot at 7.30 am Cost Coach Only \$45.00 per Adult & \$40.00 per pension & child under 15 yrs

Steamfest Sheffield: Departing Sunday 8th March 2009

Departing from Depot at 8.00 am. Cost Coach Only \$30.00 per Adult & \$25.00 per pensioner & Children under 15 yrs

3 Day Easter Tour 2009: Departing Friday 10 April 2009

Departing Scottsdale travelling down the East Coast to Triabunna where we enjoy a Seafood Banquet and Cabaret on Good Friday night, on Saturday we visit Salamanca Market and return back to North East via Midlands Highway on Sunday. Cost \$369.00 pp twin share. \$479.00 single Supp

Agfest: Departing Friday 08 May 2009

Coach travel departing Scottsdale 7.45am, picking up Lilydale & Launceston. \$25.00 pp Coach Only

ROSES TRAVEL, Licence No TAS043, NOW HAVE AN EXTENSIVE RANGE OF MAPS FOR SALE – TASMANIA AND INTERSTATE as well as camping guides (all States), holidaying with cats & dogs and travel diaries. DON'T FORGET WE CAN DO YOUR TT LINE BOOKINGS (no extra charges). International Travel Consultant available to assist you with all your travel requirements – visas etc. (Secure sites for credit card payment) Travel Insurance & Gift Vouchers also available.

PH 03 6352 2186 FAX 03 6352 2268 Email: barrettscoaches@hotmail.net.au