



Volume 33, Issue 4

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THE LILYDALE PROGRESSIVE

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Progressive Deadlines

Articles to Pharmacy or email:
lily.progressive@gmail.com

à

2012 deadlines:
May 25th
June 22nd
July 20th
August 24th
September 21st
October 26th
November 23rd



Editorial - Hey Soul Sister

Yes I know it's the name of a song but the meaning seems just right to me.

You know what it's like when you meet someone for the first time and you just click... It seems like you've known them forever, that they were meant to be a part of your family, but fate or destiny just got in the way. These special people are what I like to call soul siblings, if you're very lucky you may meet one in your lifetime, I know I did.

I lost my soul sibling this week, Carol Charlton and I met here in Tassie about 15 years or so ago. The minute we got to chatting I knew we'd be great mates. We thought alike, had the same warped sense of humour and had similar views on a wide range of topics, particularly in regard to just getting on and doing it when it comes to helping your community instead of wasting hours talking an idea to death. It didn't matter if we didn't get together for a day, a week or a year, we picked up the conversation right where we had left it the last time.

Carol and I spent many amusing hours together producing month after month after month of Progressives, Carol busily typing away and me putting it together. **We'd bring a light snack to share, a simple picnic of pate, excellent cheese and crackers (Carol was definitely my type of foodie ;-). We'd have a giggle over some of the articles and shake our heads over others. It was a lot of work but boy did we have fun doing it.**

Carol's contribution to the Lilydale community over the years has been immense, though most people probably have little or no idea of all the projects she has been involved with and helped to bring about. Never one to blow her own trumpet, she was in her own inestimable way, just quietly and competently 'getting the job done!' You

always knew when Carol chaired a meeting it would be quick, efficient and to the point, she had a way of cutting through the bull*%^ with a simple glance over the top of her glasses, and used this technique mercilessly. I really admired this special skill and have tried without much success to emulate it!

Never one to self-promote, Carol ensured that whichever group she was involved with was up to date with the latest information on running their club in a professional way and making the most of any financial opportunities available to them.

Carol served on the board of the Lilydale Retirement Homes (for over 20 years), Tasmanian Regional Arts - Lilydale as president for a substantial number of years, and was actively involved with the Lilydale Karoola Red Cross and their Meals on Wheels service. She was also a very active member of the State Board for Tasmanian Regional Arts, for a number of years, and was one of only 2 members from the North. In 2007 the members of the state board of Tasmanian Regional Arts recognized her selfless contribution to its success by awarding her a life membership.

So for all of you who knew and loved Carol, life will go on, a bit sadder and greyer perhaps, but we'll always have our memories of Carol to think back on. I know with certainty she will be missed by the Lilydale community groups she was so heavily involved in.

To Carol's family Mark, Brett, Debi, William and Alex I offer my sympathies and a shoulder to lean on when you need one.

So until we meet again mate, and I know we will meet again, keep on typing and get the Scrabble board ready, this time **I'm gonna beat you for sure!**

Jayne

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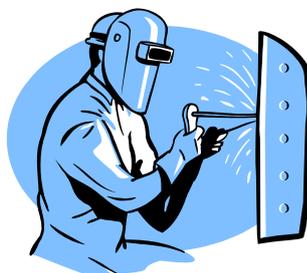
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Lilydale Arts

Vale Carol Charlton

Many of the Lilydale community attended the funeral of Carol Charlton, who passed away last month. Many, many more people reflected on Carol the person, and Carol the powerhouse who made so much happen in Lilydale. She was one of the founders (and president for many years) of the Lilydale Arts Council and a key driver of the initial painting of the power poles as well as many arts activities, the very popular Christmas parades after the Pantomime, where all of our local clubs and organisations paraded with a Band in front, Dinner Cabarets, Mountain of Talent Exhibition and many more that still continue to this day – including the lantern walk, the pantomime and the Peter Alting Memorial Art Prize for outstanding performing arts students at our School.

Carol was a visionary person and saw, in the people living in the Lilydale area, the opportunities to collaborate and utilise skills and energy of many artists and art-lovers to celebrate life. We all enjoy the fruits of her vision and hard work including the ceramic mural outside The Old Library, the creative pavers and current community project - the Mural Painted Poles.

Not only did Carol work with the Lilydale Arts members but was also heavily involved with the RSL Club. She worked for the establishment of the Cenotaph with the rose garden, the Village Green and the Welcome to Lilydale signs and the building of the Retirement units in Station Road. Carol was awarded with "VOLUNTEER OF THE YEAR" by the Launceston City Council.

Her positive influence was not only evident in Lilydale but also across Tasmania through her work as a Board member of the main body of Tasmanian Regional Arts. She was honored with Life Membership of Tas Regional Arts and she maintained connection with them almost to the last. Although she moved out of the Lilydale area last year, her love and interests for Lilydale and its community was very much evident until the very last days.

She was always ready to help others. We will miss her.

We celebrate Carol through one of the portraits on the newly painted pole opposite the Pharmacy.

The artist, Leanne Hodgetts, beautifully captures Carol's warmth and energy in this portrait. This portrait of Carol was completed in time for Carol to see it.



Name change – Lilydale Arts

We have shortened our name to Lilydale Arts. We are still a branch of the Tasmanian Regional Arts and receive all the benefits of belonging to this organization, such as the access to public liability and volunteer insurance. Lilydale Arts is even more focused on providing more opportunities for people living in the wider Lilydale region to enjoy access to and involvement in the performing and visual arts. We do this through activities initiated and coordinated by Lilydale Arts but also by working co-operatively with other local community groups, strongly supporting all visual and performing arts opportunities, events and activities in our region.

Africa Galore – Lilydale Village Market

Lilydale Arts was delighted to sponsor Africa Galore on the Saturday Night Market on 14th April. It is exciting to join forces with the Lilydale Village Market to support the variety of live music and performances being offered in the Lilydale main street at weekends. There were a large number of people who came from the African community in Launceston and they were keen to tell us, in the form of a play, of their story back in their home land and how they had come to live in Tasmania. It was a powerful reminder of how lucky we all are to be here. Thanks to Cita for organising the event.

Lantern Workshop and Walk



The planning for the Lantern Workshop and Walk is well underway. Last year we had over 300 people join in the Walk and it was a truly magical night. Make sure you put aside the evening of Friday, June 22nd to join in the celebration of the winter solstice. We would love more community groups to set up their own illuminated installation along the walk - contact Ian Williams or Jillian Weston on 6395 1062 for more information.

Check out the photos taken last year by ABC photographer Tim Walker by googling "Lilydale lantern walk". This year will be even better.

Painted Mural Poles.....UPDATE

We have finished two poles; they look just stunning !!!! We are now working on the next one outside the Take Away Shop. Do come and see what images are on that pole.

It is warming to see how many people do stop and want to know more details and explanations about the poles.

We are hoping to employ one or two more professional Art Painters to get all the fourteen poles done by the end of January next year.



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We now have two agents working in the area with the experienced John Davis joining Tom Dancer in helping to cover the district. John knows the area well having sold a number of local properties in his time involved in Real Estate.

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We require artists who can paint mural images using acrylic paint, who enjoy working with the other artists and who are comfortable working within sight and critical acclaim of our local community.

We still need more volunteers to help with the paintings as well as the preparation of the poles which involves scraping of the old paint, sanding and filling cracks, then two undercoats.

If you have three hours spare on Mondays and Fridays [at the moment] weather permitting, we would love to see you. We are easy to find. Just come down.

For any more information please ring Bernadine on 6395 1295.

Tasartslive.com – free website for all Tasmanian artists

This new website has just been launched in Tasmania and is a great way for musicians, and those involved in the arts and crafts to become more widely known. It is free to join and free to upload images and information about your artistic practice and plans. A terrific way to get a web presence without setting up your own website. <http://tasartslive.com>

What's happening in 2012:

June 16th – Lantern Workshop on the Village Green

June 22nd – Lantern Walk at Lilydale Falls

July 14-15 – Willow furniture making workshop – Underwood. Bookings are essential as places are limited.

September – An exhibition of ceramic birds and a workshop in which we learn to make them. Bookings for the workshop are essential.

December 15th – Pantomime at the Lilydale Memorial Hall

Membership of Lilydale Arts

Being a member means that you hear first about events and activities in the Lilydale region and you get priority access to and discount for concerts, workshops and activities.

You can provide new ideas for visual and performing arts activities, give as much time and energy as suits you, or just come long to the great events happening in 2012.

It costs \$10 per person or \$20 per family per calendar year to join. Contact Catherine on 6395 1538 for more information.

Contact Lilydale Arts

Lilydale Arts website.

<http://lilydalebranchtasmanianregionalarts.yolasite.com>. You can also find it through the Lilydale Online Access Centre website.

Lilydale Arts email: lilydale.tra@gmail.com

Donations over \$2.00 are tax-deductible.

Lilydale Retirement Units

Vale Carol Charlton

Carol joined the Committee after shifting into the district and held various positions during her long association with the Retirement Units in Marion Court, Lilydale. She was also a life member in recognition of her commitment and outstanding service to the Units.

Carol was a driving force in the building of new units in Marion Court and her humour and expertise will be sorely missed. She recognised the need for the units so that people in the area did not have to leave the district when they wanted to shift into something smaller.

Our deepest sympathy to her family.

Lilydale District Progress Association

At the general meeting last month numbers swelled again with Andrew Smith and a tree expert Niall Simpson presenting a plan for trees in the Lilydale area for comment. The expertise and experience shown by the council representatives moved those present to make a motion to support the Council's plans. There will however be more opportunities for the community to comment before the next planning season. The minutes for this and all meetings are available on the net. http://www.tco.asn.au/oac/community_groups.cgi?groupID=20&oacID=37

The meeting also presented the opportunity to raise other issues which effect Lilydale - namely the future of the Lilydale Falls as a camp site and public amenity. The LDPA invites community comments on a future plan for the falls. Evidently there has been money allocated for the falls reserve, everyone is welcome to contribute ideas.

Some issues that were raised made the point that removing some trees (which can pose a threat to campers) may detract from the beauty of the area.

LDPA Survey - forms.

Regarding Ben Lomond Water's failure to consult with our community the LDPA has organised a survey of those Lilydale residents affected by the changes to find their views on a number of questions relating to Ben Lomond Water's plans for Lilydale.

If you receive a survey form please return it to the Lilydale Post Office. We anticipate presenting the results to Ben Lomond Water and the Council for their comments.

We thank you in advance for taking the time to complete this survey.

If you would like to join the LDPA it's \$2 and if you don't have email you can have the minutes posted out to you.

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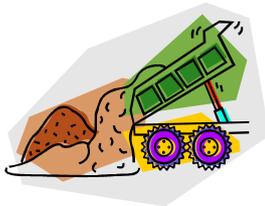
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Thanks to everyone for purchasing the Lilydale 150th DVD.

In Brief

Keep an eye out for LDPA's water survey.

General Meeting Tuesday 1st May 7:30 pm The Old Court House.

Youth Space consultation - 11am Sunday 6th May "Village Green".

Secretary

John Gallagher



Upper Piper Art & Craft Co-op

Hear Ye, Hear Ye.....

The Upper Piper Art & Craft Co-op had a bumper Easter trading week and we are now restocking for Mothers Day which we expect to be just as busy. We encourage everyone to shop early as many of our **popular artists sell out quickly, so let's not disappoint** our wonderful mums. Our local crafts people are highly talented and you are sure to find a bargain at surprisingly low prices.

Artists and craftspeople that can provide folk art, leatherwork, ironwork, ceramics or that special skill are encouraged to submit work for inclusion and become a member of our successful enterprise.

Exciting New Era for the Lilydale Playgroup

I'm happy to report that after a long brainstorming process things are now changing and improving at an amazingly rapid rate. A lot has been achieved in a short time, all thanks to the dynamic energy and enthusiasm of our members and generous, supportive people in the local community.

We have been working hard to improve the way we operate, the resources and equipment we have and even the grounds themselves. Big thanks to Rob at Bardenhagen's hardware for providing a discount on building materials, enabling us to rebuild our 20 year old sand pit. It is now four times larger and should last another 20 years! Thanks too to Rhys and Steven who spent many hours of their precious time, energy and expertise rebuilding it. They also cleared the grass from some of the concreted area to increase the space for our kids to ride their bikes and scooters on... And removed a bush from the centre of the playground so that parents are able to see their kids no matter where they are in the outdoor play area. This makes for safer children and more relaxed parents.

Easter celebrations saw our traditional Easter baskets being made for our Easter egg hunt - all the eggs for which were kindly donated by Tom from

Bardenhagen's Supermarket. There was even a special surprise for the kids at the end of the day with a lovely big Easter egg for each of the children, also generously donated by Tom, thankyou, the kids absolutely loved them.

Thanks (again) to more of our inspired, dedicated members, Jules, Jenny, and Rachel, the hall itself has been completely rearranged to create more space for the kids to run around - especially important with winter on the way. Sheri, Michelle and Jenny have also cleaned out and reorganised the cupboards. Sheri brought in new plastic cups and bowls for the kids, new mugs for the adults and Jenny gave us new prams to replace the old.

Sheri, Michelle, Katie and Jenny brought back and incorporated the toys, books and equipment from the no-longer-operating Karoola Playgroup (with the approval from authorities concerned of course!). It's great to see all these good things being used and enjoyed again.

Our members wanted more structure during playgroup time so we share fruit for morning tea, have a set pack up and song time with more fun-packed activities in between (with lots more coming up, more outings, guest speakers, more craft and creative play).

There are more plans afoot. We'd love to brighten up the playground with murals, plants, blackboards, puzzles, obstacle courses and more. We hope to be working with the Lilydale School with this as a community project. If you can help with outdoor paint, seeds/cuttings/plants, timber, or roofing materials we'd be very glad to hear from you.

The next major project planned is the building of an awning over the hall door so that parents, especially those with prams, can get kids and all their stuff in and out of the building without getting soaked. We'd like to take the awning all the way to the toilet block and the sand pit/outdoor seating area. It'd be great to be able to stay dry getting to the toilet or playing outside, even in the pouring rain. We'd also like to install a child safety gate, remove old sleepers that are becoming dangerous and fix up our fort and swings.

To finance all this Katie is working hard to co-ordinate and apply for community grants, we're holding a garage sale at the end of the year (all donations welcome!), and trying to sell things on Sarah's stall at the local market (thank you Sarah). There is also a Winter Warmer Raffle planned. Prizes will include wood, wine and much, much more to add warmth and cheer to the colder months. Again, if you can help out with a prize or would like to buy/sell tickets for our worthy cause we'd love to hear from you.

Thanks also to Margaret for her cash donation, to Frea for donations of toys, books and puzzles, and again to Peter for donations of books, puzzles and videos for our lending library. Thanks too to Michael for getting the lawnmower working and mowing the lawns. I tried

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to keep it brief, but so much has been happening and there are so many people to thank. Apologies if I've missed anyone, please rest assured that every little bit helps and is appreciated. The generosity of the people of Lilydale is truly marvellous. It is a fantastic thing to be a part of this community. Thank you again, one and all.

We run 10am - 12 noon Wednesdays behind the church on Station Rd, Lilydale

The hall is available for hire at any time outside the above mentioned.

Contact Anni on 6395 4399 (email: lilydaleplay-group@gmail.com) or Katie on 0477 938 950

(We're on facebook now too if anyone wants to keep up-to-date with what we're doing)



Active Lilydale Fitness Group

News Break --- News Break

Fitness will be starting on Saturday mornings from the 5th May at 10.30 am.

Come and be part of this vibrant and exciting activity, led by qualified personal trainer Nathan and giving you the full benefit of strength, cardio, balance and motivation to increase your level of fitness. If you would like to come and try out or are keen to just get going with this excellent health benefit then turn up at the School Gymnasium at 10.15 on May 5th. This is the FIRST SATURDAY IN MAY!

Cost will be 7 sessions for \$50, which is just over \$7 per one hour workout if paid up-front, otherwise pay \$8 per session on the day you arrive (this is designed to support those people who may have other commitments and not be able to attend every week.) The sessions will continue while there are sufficient members participating! Please come along and give your body a chance to feel good.

Tuesday evening sessions are very popular and will continue in the same way without change.

No need to register your intent, just turn up with water bottle and your fee on Saturday May 5 @ 10.15

Pony Club News

We held a very successful mini one-day-event at Karoola during the Easter break. About 20 riders, ranging in age from 5 to 50, came to have a go at some dressage, show jumping and cross country jumps. Some of these riders were from North East pony club and camped overnight to join in with our rally, which was the next day.



We have purchased a new large water tank for the Karoola Hall, and this is currently being installed by the Launceston City Council.

Through John Wrigley Illness

Barbara & John would like to thank Christine & Robert Hawes, Jane & John, Dixie & Will, Brooke, Donna, and Tracey. Special thanks Mrs B E Wrigley & family. Thank you to everybody who helped us through his illness.

Thank you

Barbara & John Wrigley - Lebrina



Neighbourhood Watch Report

Twelve people attended the April meeting, including Constable Terry Otis, it was very pleasing to see Terry at the meeting, as he has been unavailable to attend for the last couple of meetings.

Police Report

It is pleasing to note that there is only one official report for the month of March to report upon.

On the 13/03/2012 a Sony Play Station was stolen from a bus whilst in transit. The matter is now closed.

Even though this is a low crime area, vigilance is the key. If you see or hear something suspicious call police on 1314 44 and report it.

If the matter is urgent, and requires immediate assistance, Triple 000 should be used.

Preventing Identity-Related Fraud

Identity-related fraud is a growing concern in Australia. Today it is possible for some-one to obtain a range of identifying documents and/or information through fraud, deception or theft. Completely false documents can also be created using stolen personal information. These documents can then be misused in order to profit at our expense. For example, bank account details, date of birth and tax file numbers can be used to take funds out of bank accounts or fraudulently apply for loans.

This unlawful use of another person's personal information is known as identity-related fraud.

There are a number of simple precautions to take in relation to the disclosure, disposal, maintenance and storage of your personal information in order to reduce the risks of becoming a victim of identity-related fraud.

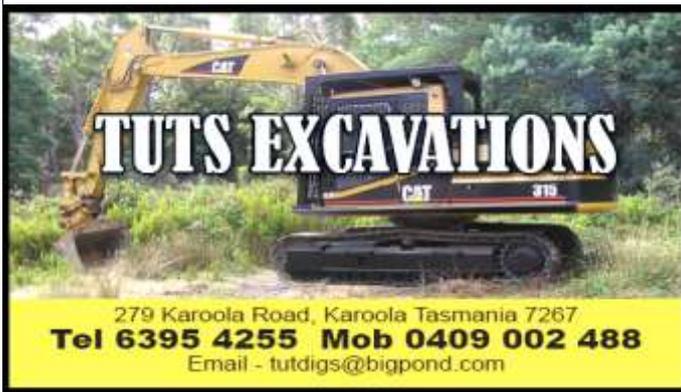
Disclosure: Do not provide personal information and data to any-one unless you have reason to trust them. In particular, verify the identity of any-one claiming to be from your bank or credit card company, or offering you the chance to receive a prize or other valuable item. This includes internet or on-line transactions. You could do this by checking their address, asking some-one else about them or telephoning them back - even if they are overseas.

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Attention North East residents...

It is no secret that it is a challenging time in real estate here in Tasmania at present, brought about by many factors. These include the recent budget cuts and job losses which have resulted in a loss of consumer confidence across the state.

The good news is, however, it is not all doom and gloom. Properties are still selling, people are still moving around, mainland buyers are moving to our lovely state. Families are downgrading or upgrading, retirees are moving to smaller holdings, and the list goes on.....

If you have a look at my profile on the Towns Shearing Website, you will see all the new homes I have listed there. 30 properties for sale and more quiet listings not advertised. While buyer activity has certainly slowed, recent activity has shown that the more properties I have, the more buyer enquiry I receive and the more sales I do.

So list your property with a local agent who lives in North East, who knows what's going on in our area and who is getting the results despite the tough conditions.

Call now for an obligation free appraisal on your property.



Sharon Fahey 0409 188 249

sharonf@tsre.com.au

towns shearing real estate

58 Elizabeth Street, Launceston



the phone or entering a PIN number into an ATM or EFTPOS terminal, make sure that no-one is watching you.

Disposal: Do not deposit ATM, debit and credit card receipts in public places. Take the receipts with you and destroy or shred them carefully. Carefully destroy or shred expired documents such as driving licences, passports, credit cards and old financial records such as tax returns and bank statements. If you wish to retain them, keep them under lock and key.

Maintenance: Maintain careful records of your banking and financial accounts to ensure that they do not include any transactions you did not make. Keep track of when you are to receive your financial statements, replacement cards and utility bills, to ensure that they arrive and are accurate.

Storage: Store your valuable official documents (such as passports and birth certificates) as well as financial and accounting records in a secure place. Do not carry official identification documents, such as your passport or birth certificate, unless you need them.

Use a locked mail box. If you leave town, have your mail held at your local Post Office or ask a person you trust to pick up your mail on a daily basis. Do not leave documents such as car registration papers or expired drivers licences in the glove box of your car or lying around your home. Do not carry your tax file number, PIN or passwords in your purse or wallet.

The above article is courtesy of Neighbourhood Watch Tasmania website, www.nhwta.org.au

Next Meeting

The next meeting of the Lilydale Neighbourhood Watch will be held 10th May 2012 at 7.30pm at the Fire Station.

Come along and meet our Group we are looking for more members.

Remember everyone is welcome to attend. Hope to see you there.

Lilydale Village Market

Fortnightly Sunday 10am-2pm, Monthly Saturday 6-9pm

Main Road Lilydale

SUNDAY 6 MAY LAST MARKET SEASON 2011-2012

April has seen exceptional market events; Ian Norton's snakes were so fascinating, the African Night supported by the Lilydale Brach Regional Arts attracted so many new visitors, Joko Susilo's Javanese Shadow Puppets were extraordinary!!! These events will be remembered...

The Market season 2011-2012 will conclude with the **market on Sunday May 6th. Let's celebrate the occasion** by sharing our creativity. We invite everyone to perform, sing, play an instrument, paint, recite poetry,

act... call or email, let us know how you would like to celebrate the market...!!!

As usual we are still gathering to meet, catching up on local news, getting local fresh vegetables, socialising with our Artists and Crafts People. Remember to view **Richard Crabtree's wonderful exhibition, discover beautiful hand-made jewellery and enjoy the live music.**

Also Lions Club and "Buonissima" wood-fired pizza, local wines, boutique local beer, organic coffee, herb teas.

lilydalevillagemarket@gmail.com / 0438582876

www.lilydalevillagemarket.blogspot.com



Lions Club News

Mary Walsh Centre: As we all know, the iconic Mary Walsh Centre has laid idle since it was closed in 2010. The club was recently informed that DHHS (the owners) are looking to sell the house in the near future. Club members and, we are sure, many other members of the community do not want to see this historic piece of our town being sold off. We have written to the Minister asking her to consider allowing the Lions to look after the centre for the community good. Now there are obviously many hurdles that would need to be cleared before this became viable, but we think we need to take this first step in order to save the Centre. We have a few ideas for its use, but it all depends on whether we get a **positive response from the government. We'll keep you informed.**

Mt Arthur Track: Club members have been back up the track to finish off placing the markers so people **don't get lost on their scenic walk. There have now been markers placed so that they can be seen on the way up and back.** They have also been used to show people the way to the large stone cairn which sits at the summit. We have cleared some of the undergrowth from the track leading to the cairn, which also makes it easier to see the way. There is still a large section that needs to be cleared from the old fire **spotter's tower (Livingstone's Cabin) to the boardwalk** which traverses the plateau to the new tower. We will look to doing this in the spring.

The club has approached Forestry and Council to try and get some signs on the main road and up Whites Mill/Blythes Spur Rd so that people know how to get to the start. There is some wrangling with these but we hope to get it sorted soon. We will also look at posting some maps and information in the shed at the beginning of the summit walk.

Again, we will keep you informed of our progress.

Senior Citizens Bus Trip: The Lions Club sponsored bus trip for the more mature members of the Lilydale and District community will take place again in November (date to be decided). So if you know of any new community members who might like

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This Month's Recipe

With delicious, nutritious pears being in season this month why not try a different way with pears.

Rhubarb & Pear Relish

Ingredients:

- 4 pears, peeled, cored, chopped
- 2 tbs caster sugar
- 1 tbs water
- 6 rhubarb stems, trimmed, cut into 1cm-thick slices
- 1 tbs white balsamic vinegar
- 1 tsp finely grated fresh ginger



Method:

1. To make the relish, combine the pear, sugar and water in a medium saucepan over medium heat. Cover and cook, stirring occasionally, for 5 minutes or until just tender.
2. Stir in the rhubarb, vinegar and ginger. Cover.
3. Increase heat to medium-high and bring to the boil. Uncover and cook for 5 minutes or until the rhubarb is soft and the liquid is absorbed.
4. Transfer to a bowl. Set aside to cool.

to join us for a nice day out, and possibly to meet new friends, then let one of our members know (see the add in the classifieds for contact details). Also if you have somewhere you would like to visit that is within a reasonable distance, then let us know. Remember it **has to have stop off points so we don't get caught short** (and so Bill can buy some more food).

Change Over Dinner: Planning is well underway for our changeover in July when Helen will become leader **of the pride. She's already making noises about her plans.** We are looking forward to hosting t at the **Bowls Club, but it's going to be a long trip afterwards** to stay at the Dolbey shack in Bridport (which has become a Lilydale Lions tradition). Hopefully we will be able to break the other Changeover Dinner tradition, by getting a certain Lion to keep his clothes on for the entire night!

Cow Manure: Speaking of planning, its not too soon to get your cow manure stock in ready for the spring **planting. Don't miss out. Only \$5 for a generous sized bag.** Not a piddly little half filled one like you get at the nurseries. We stuff them – full that is. Its good, dry, unsmelly food for your vegetables and flowers. Call Steve on 6395 1323.

Don't forget the Lantern Walk – make your Lantern, come along and get a free Lions sausage sizzle. See you there.

A lion spots a monkey walking through the jungle. He grabs him by the neck and roars "Who's the king of the jungle?" The frightened monkey says, "You are, of course, your majesty." The lion does this to several other animals, with the same results. Then the lion goes up to an elephant, grabs him by the trunk and roars, "Who's the king of the jungle?" The elephant picks the lion up with his trunk, bounces him a few times on the ground, grabs his tail, twirls the lion around over his head, and then lets him go flying into a mud puddle. The lion looks up at the elephant and says, "Well, if you don't know the answer, just say so!"

Pear Tips

A ripe pear is a sweet pear: A little known fact about the pear is that it is one of the few fruits that does not ripen on the tree. The pear is harvested when it is mature, but not yet ripe, and, if left at room temperature, it slowly reaches a sweet and succulent maturity as it ripens from the inside out.

So, how do you know when the pear has ripened to sweet and juicy perfection?

While a Bartlett's skin colour brightens as it ripens, most varieties of pears show little change in colour.

The best way to judge ripeness for non-Bartlett varieties is to check the neck: Apply gentle pressure to the neck of the pear with your thumb. If it yields to **pressure, it's ripe. Easy, isn't it?**

LILYDALE DISTRICT SCHOOL SNIPPETS

Phone: 6395 0100

Fax: 6395 0199

Email: lilydale.district.school@education.tas.gov.au

Lilydale District School Parents and Friends

At our AGM held on the 27 March 2012, new office bearers were elected. Congratulations to:

Chairperson	Evelyn Archer (re-elected)
Deputy Chair	David Brown (re-elected)
Secretary	Tori Pearce
Deputy Secretary	Megan Hughes
Minutes Secretary	Allison Reader
Treasurer	Jackie Hawes (re-elected)

In our general meeting we finalised our "plan of activities" for 2012 and we have some new and exciting ideas. If anyone would like to know details about these activities, to help plan or budget for the year, please contact us and of course, if you are able to offer any assistance, that would be greatly appreciated, as always.

If you would like to be included on our email or phone/text list for the purpose of receiving meeting minutes or solely for working bees, please let us know. We can keep you in touch with what is happening at our school!

Thank you to all our helpers, supporters and interested families, the last 12 months have been a great ride!

TPSSA Swimming Carnival 2012

On Thursday, 15 March 2012 our school competed in the annual Tamar Swimming Carnival at the George Town Pool. Our best swimmers from Years 3-6 represented Lilydale, competing against Beaconsfield, Port Dalrymple, Star of the Sea, Exeter and South George Town Primary Schools.

Unlike the excellent conditions last year, the weather was very unkind to us. As we arrived in George Town it was raining heavily with thunder and lightning, and a decision had to be made whether to go ahead or postpone. Fortunately the rain eased and we made a start. Later on in the carnival it started raining hard again and we raced along to complete the program in record time!

Congratulations to all our swimmers who braved the conditions and were very organised and enthusiastic about swimming against the best swimmers from the other Tamar schools. As always there were some outstanding individual performances.

Thanks to all of the parents that came and showed their support on the day. Hopefully the sun will be shining for the 2013 carnival!

Relay for Life

Six of our SRC students, along with Mrs Bignell, Mr Symons, Mrs Sulzberger and some visitors, all participated in the *Relay for Life* fundraiser at the St Leonards Sports Complex. We walked for 24 hours, from 12:00 noon Saturday, 30 March until 11:00am Sunday, 1 April. We looked forward to the challenge and were grateful for the opportunity to raise money for such a great cause.

The staff also contributed to this fundraiser with a morning tea that was held on Wednesday, 28 March 2012. Our team completed 1001 laps, equivalent of walking to Hobart and back. Three of our members walked 150 or more laps with another 3 doing 100 or more.

Thank you to everyone who participated, helped and/or donated funds, contributing to yet another successful SRC fundraising event.



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Long shoe horns,
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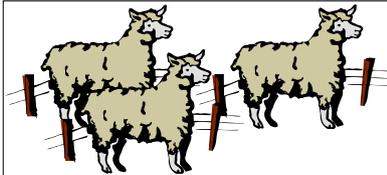
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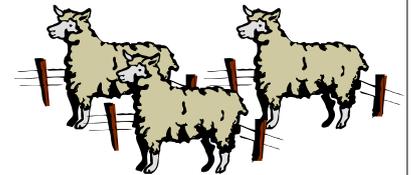
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Nosebleeds

Nosebleeds can be dramatic and frightening. Fortunately, most nosebleeds are not serious and usually can be managed at home, although sometimes medical intervention may be necessary. Nosebleeds are categorized based on where they originate, and can originate from the front of the nose or from the back of the nose.

Nosebleeds from the front of the nose make up more than 90% of all nosebleeds. The bleeding usually originates from a blood vessel on the nasal septum, where a network of vessels converges. These nosebleeds are usually easy to control, either by measures that can be performed at home or by a health care practitioner.

Nosebleeds from the back of the nose are much less common and tend to occur more often in elderly people. The bleeding usually originates from an artery in the back part of the nose. These nosebleeds are more complicated and usually require admission to the hospital.

One out of every seven people will develop a nosebleed at some time in their lives. Nosebleeds tend to occur more often during winter months and in dry, cold climates. They can occur at any age, but are most common in children aged 2 to 10 years and adults aged 50 to 80 years. For unknown reasons, nosebleeds most commonly occur in the morning hours.

Nosebleed Causes

Most nosebleeds do not have an easily identifiable cause. However, trauma to the nose is a very common cause of nosebleeds. Nosebleeds can be caused by trauma to the outside of the nose from a blow to the face, or trauma to the inside of the nose from nose picking. Other conditions that predispose a person to nosebleeds include:

- exposure to warm, dry air for prolonged periods of time,
- nasal and sinus infections,
- allergic rhinitis,
- an object stuck in the nose,
- vigorous nose blowing,
- nasal surgery,
- deviated or perforated nasal septum, and
- cocaine use.

Less commonly, an underlying disease process or taking certain medications may cause a nosebleed or make it more difficult to control.

Inability of the blood to clot is most often due to blood-thinning medications such as warfarin, clopidogrel,



nonsteroidal anti-inflammatory drugs (NSAIDs), or aspirin.

Topical nasal sprays, such as corticosteroids and antihistamines, may sometimes lead to nosebleeds.

Liver disease, chronic alcohol abuse, kidney disease, platelet disorders, and inherited blood clotting disorders can also interfere with blood clotting and predispose to nosebleeds.

Vascular malformations in the nose and nasal tumours are rare causes of nosebleeds.

High blood pressure may contribute to bleeding, but is rarely the sole reason for a nosebleed. It is often the anxiety associated with the nosebleed that leads to the elevation in blood pressure.

How to stop a nosebleed

- Remain calm.
- Sit up straight and lean slightly forward.
- Lean your head forward. Tilting your head back will only cause you to swallow the blood.
- Pinch the nostrils together and apply direct pressure with the thumb and index finger for approximately 10 minutes. Time it to make sure the nostrils are not released earlier.
- Spit out any blood in the mouth. Swallowing blood may make the affected individual vomit.

This technique will stop the majority of simple nosebleeds.

A new product called 'Nasal Cease' is a special dressing to place up the bleeding nose. It is placed up the nose for 30 minutes and then gently removed. It helps clot formation, but does not stick to the clot, so re-bleeding does not occur when the dressing is removed.

What to do after the bleeding has stopped

Once the bleeding has stopped, try to prevent any further irritation to the nose, such as sneezing or nose blowing for 24 hours.

Ice packs do not help nosebleeds.

Exposure to dry air, such as in a heated home in the winter, can contribute to the problem. Adding moisture to the air with a humidifier or vaporizer will help keep the nose from drying out and triggering more bleeding. Another option is to place a pan filled with water near a heat source, such as a radiator, which allows the water to evaporate and adds moisture to the air.

Nasal saline sprays or other lubricating gels or ointments also may be useful to promote tissue healing and keep the nasal passages moist.



Lilydale Online Access Centre

Computer Tips and Tricks for Laptops

Limit Your Connection: When you aren't actively using your notebook's Wi-Fi, Bluetooth, WWAN, or other wireless connections, turn the radios off (via the hard switch, if your PC has one, or using the appropriate utility), so they don't run down the battery while they keep searching for a signal. Also, use USB-attached devices sparingly while you're mobile.

Dim the display: A laptop's biggest battery-life-sucking component is its LCD display. To eke out more juice when you're off the plug, turn down your panel's brightness to the lowest level your eyes can stand. Most notebooks have a Function key combo—or even a dedicated hot key—for a quick crank-down. (You can also adjust brightness in Display Settings under Control Panel.)

Keep It Cool: Thanks to their small, cramped cases and tiny vents, laptops are prone to overheating. Unfortunately, using your notebook on your lap—or on top of a blanket that protects your lap from your scalding-hot notebook—can seriously stifle ventilation and make matters worse. To help keep temperatures in check, opt for a lap desk or a laptop cooling pad that won't conduct heat or block your laptop's vents.

Back Up Everything: Constant movement puts computer components at risk, and because of their portability, laptops suffer a lot more wear and tear than desktops. All of that on-the-go use increases the risk of hard drive failure, so make sure you back up the data on your laptop to an external hard drive, thumb drive, or home server on a regular basis. Portable hard drives like the Western Digital Passport Elite make it easy to back up your data on the road.

Cover Your Keyboard: Keep liquids away from laptops at all times. That rule often gets broken, of course, and accidents happen. Should that accident end up on your laptop's keyboard, however, you could end up with more than just a mess: Liquids that seep through your notebook's keys can fry its components.

Buy a Bag: If you plan to carry your notebook with you, the most useful accessory you can buy is a laptop bag. They're available in a number of styles and prices; for maximum protection, we recommend investing in a model with a built-in padded sleeve. If you want something less conspicuous (thieves have been known to target obvious-looking laptop bags), cover your laptop in stand-alone sleeve and stow it in your backpack or briefcase.

Let It Accumulate: When you move your laptop from a cold to a warm environment, and vice versa, don't boot up until your system reaches room temperature. Sudden temperature changes can cause condensation to build up inside the notebook case; turn it on too quickly, and the moisture could damage your system's inner components.

Article from: <http://computershopper.com/feature/the-best-computer-tips-and-tricks-laptops>

Lilydale Online Access Centre Opening Times:

Tuesday: 2-6 pm

Wednesday: 9 am-1pm

Thursday: 2-5 pm

Friday: 2-6 pm

Ph/Fax: 6395 0155

To book your one hour session.

www.lilydale.tco.asn.au - lilydale@tco.asn.au



Why, Why, Why?

Why do we press harder on a remote control when we know the batteries are getting weak?

Why do banks charge a fee due to insufficient funds when they already know you're broke?

Why is it that when someone tells you that there are one billion stars in the universe, you believe them but, if they tell you there is wet paint, you have to touch it to check?

Why do they use sterilised needles for lethal injections?

Why doesn't Tarzan have a beard?

Why does Superman stop bullets with his chest, but ducks when you throw a revolver at him?

Why did Kamikaze pilots wear helmets?

Whose cruel idea was it to put an "s" in the word "lisp"?

If people evolved from apes, why are there still apes?

Why is it that, no matter what colour bubble bath you use, the bubbles are always white?

Is there ever a day that mattresses are not on sale?

Why do people constantly return to the refrigerator with hopes that something new to eat will have materialized?

Why do people run over a string a dozen times with their vacuum cleaner, then reach down, pick it up, examine it, then put it down to give the vacuum one more chance?

Why is it that no plastic bag will open from the first end you try?

How do those dead bugs get into enclosed light fixtures?

Why is it that whenever you attempt to catch something that's falling off the table you always manage to knock something else over?

Why, in winter, do we try to keep the house as warm as it was in summer when we complained about the heat?

How come you never hear father-in-law jokes?

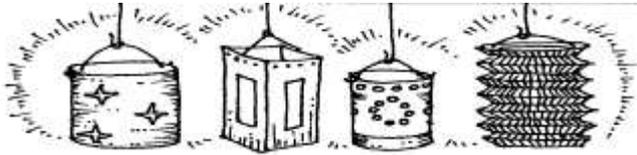
COMMUNITY NOTICEBOARD

Winter Solstice - Lantern Walk

Lilydale Arts
Invites you to attend the
Annual Lantern Walk
6pm - Friday 22nd June 2012

Lilydale Falls

Please rug up, bring a lantern and a mug
for a hot drink after the walk.



Lantern Making Workshop

Saturday 16th June 2012

At the Lilydale Village Green

Everyone Welcome

On a Lighter Note

Down to Business

A businessman who needed millions of dollars to clinch an important deal went to church to pray for the money. By chance he knelt next to a man who was praying for \$100 to pay an urgent debt. The businessman took out his wallet and pressed \$100 into the **other man's hand. Overjoyed, the man got up and left** the church. The businessman then closed his eyes and prayed, "And now, Lord, that I have your undivided attention "

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Uniting Church Services - April

Sunday 6th May 11.15am Rev Nicholas

Sunday 20th May 11.15am Rev Nicholas



Uniting Church - Social Afternoon

Our social group meets again on Thursday 31st May at the Lilydale Uniting Church - come when you can and go when you must - **you're very welcome.**

Tai Chi Exercise Classes



Come and experience the ancient exercise of Tai Chi in the Uniting Church Hall (behind the Church)

All Welcome - 9.30 Wed morning

Lions Club of Lilydale Needs You



We need members.

Any age over 18, Male or Female.

A fun way to meet and help the community.

Phone: Bill—6395 1013 (AH)

Lilydale Playgroup

Friendly relaxed atmosphere

ALL WELCOME - *First session free!*

\$3 / week per family, includes hot drinks and munchies

- toys and books
- messy play, painting, craft, play dough
- sand pit, slide, fort, swings,
- Water play, bubbles, music
- and lots of fun!!!

Wednesdays 10 am - 12 noon

Where? Behind the Anglican Church, Station Road, Lilydale.

For more information phone:

- Anni 6395 4399
- Or just pop in!

Lilydale Fitness Group

Come and join us at fitness every Tuesday at the School Gym from 7pm to 8pm.

Cost per session \$7. We would love to see you there.

Don't forget our new Saturday morning sessions.

Starting from 5th May At the School Gym from 10.30 - 11.30 am cost of sessions is \$8.



LILYDALE DIRECTORY

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Poison Information Service: 13 11 26

Lilydale Medical Clinic: 6395 1455
6395 1258 AH

Lilydale Pharmacy: 6395 1336

Native Animal Rescue:

David – Birds Fish etc 6395 1345 or 6395 1579 AH
Lorraine – Native animals: 6326 3502 or 0417 108 596
Patsy – Native animals: 6395 6248

Local Fire Brigade Permit Officers

Turners Marsh/Holloways Hill area:
Leon & Allison King: Mob 0419 964 317

Austins Road Area:

Adrian Smith: Mob 0409 790 657
Leon King: Mob 0419 964 317

Karoola/ Lower Turners Marsh Area:

Adrian Smith: Mob 0409 790 657

Lilydale Area:

Dave Cleaver: Mob 0407 047 083
David Dornauf: Mob 0409 868 712

Bi - Weekly Calendar Events

Every 2nd Mon: *Fire Brigade Training: 7-9 pm 6395 1260*

Calendar Event Venues

AC Anglican Church, Station Rd, Lilydale
CH The Old Courthouse, Main Rd, Lilydale
FC Footy Clubrooms, Doaks Rd, Lilydale
FS Fire Station, Doaks Rd, Lilydale
KH Karoola Hall, Karoola
KO Karoola Oval, Karoola
LBC Lilydale Bowling Clubrooms, Main Rd, Lilydale
LG Lilydale High School Gym, Main Rd, Lilydale
LDS Lilydale District School
LH Lebrina Hall, Golconda Rd, Lebrina
MH Memorial Hall, Main Rd, Lilydale
SC Senior Citizens Clubrooms, Main Rd, Lilydale
SH Sacred Heart Church, Karoola
SA **Saint Anne's Church, Lalla Rd, Lilydale**
UC Uniting Church, Main Rd, Lilydale
VG Village Green

Progressive Contact Details

Lilydale District Progress Association Inc
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lily.progressive@gmail.com

WHAT'S ON THIS MONTH

T	1	Active Fitness Group - LG, 7pm Lilydale Progress Association - CH, 7.30pm
W	2	Lilydale Playgroup - AC, 10am Tai Chi - UC Hall, 9.30am •CWA • Lions - 7.30pm
T	3	
F	4	Senior Citizens Bowls - SC, 1.30pm Badminton - LH, 7.30pm
S	5	Active Fitness Group - LG, 10.30am
S	6	Lilydale Village Market - 10am Youth Space Consultation - VG 11am
M	7	Valley Voices - UC, 7.30pm
T	8	Active Fitness Group - LG, 7pm Upper Piper Art & Craft Co-op - CH 7pm
W	9	Lilydale Playgroup - AC, 10am Tai Chi - UC Hall, 9.30am
T	10	Neighbourhood Watch - FS
F	11	Senior Citizens Bowls - SC, 1.30pm
S	12	Active Fitness Group - LG, 10.30am
S	13	Mothers Day
M	14	Valley Voices - UC, 7.30pm
T	15	Active Fitness Group - LG, 7pm
W	16	Lilydale Playgroup - AC, 10am Tai Chi - UC Hall, 9.30am •Lions - 7.30pm
T	17	RSL Meeting - SC
F	18	Senior Citizens Bowls - SC, 1.30pm History Group - TOCHC, 8.00pm
S	19	Lilydale Adult Riders - KO Active Fitness Group - LG, 10.30am
S	20	Pony Club - KO
M	21	Valley Voices - UC, 7.30pm
T	22	Active Fitness Group - LG, 7pm
W	23	Lilydale Playgroup - AC, 10am Tai Chi - UC Hall, 9.30am
T	24	
F	25	Senior Citizens Bowls - SC, 1.30pm
S	26	Active Fitness Group - LG, 10.30am
S	27	
M	28	Valley Voices - UC, 7.30pm
T	29	Active Fitness Group - LG, 7pm Lilydale District School P&F - LDS Staffroom, 7pm
W	30	Lilydale Playgroup - AC, 10am Tai Chi - UC Hall, 9.30am Red Cross - 11am
T	31	Uniting Church Social Afternoon - UC, 1.30pm