



THE LILYDALE PROGRESSIVE

Inside this issue:

<i>Lilydale Football Club</i>	2
<i>Lilydale CWA Notes</i>	3
<i>Mary Walsh Centre</i>	4
<i>Karoola Playgroup</i>	5
<i>Quotable Quotes</i>	
<i>Health Notes</i>	6
<i>Lilydale School Farm</i>	7
<i>Lilydale Online Access Centre</i>	8
<i>RSL</i>	9
<i>Senior Citizens</i>	
<i>Lions Club</i>	
<i>Lilydale Memorial Hall</i>	
<i>Sprint Planting</i>	10
<i>Open Gardens</i>	
<i>Lilydale District School</i>	11
<i>Spring Recipe</i>	12
<i>Just for Fun</i>	13
<i>Community Notice Board</i>	14
<i>Calendar</i>	15
<i>Classifieds</i>	16

Progressive Deadlines

Articles for inclusion can be left at the Lilydale Pharmacy or e-mailed to lily_progressive@yahoo.com.au by the following dates:

2007

October 26th

November 23rd

2008

January 25th

February 22nd



Lilydale Football Club FLAGS FLAGS FLAGS

The Lilydale Football Club established an N.E.F.U record with its Seniors, Reserves and Under 16's winning their grand finals, going through the season undefeated.

To win a premiership is not only about good players, its how they jell together, follow coaches instructions, have discipline and have the advantage of having dedicated coaches, as we have had this year, in Neville Rattray and Jeff Dunne who have put in countless hours on the training track and on the white board.

A strong committee is also a great help. This year our committee has worked very hard to instill discipline into the club to provide a safe and enjoyable place of entertainment and hopefully will continue to do so again next year. The medical team have also worked very hard to keep the boys fit and on the track.

Don Pollard must be congratulated on becoming a life member of the N.E.F.U. in recognition of all his hard work towards junior football in the region. It is due to his efforts that the combined games for Under 16's, 12's and 10's has become an annual event for the past 10 years. Don was also NEFU treasurer for 5 years. Lilydale Junior football has been lucky to have had Don helping them out for so many years.

Thank you also to the other coaches for their help in junior football.

In the **Under 16's 2nd semi**, Lilydale boys jumped away to a good lead in the 1st quarter against Bridport, but Bridport settled, playing more consistent football and from then on the game was more even.

Thane Bardenhagen was getting a lot of the football and showed why he had won the N.E.F.U best and fairest award. Lilydale won the semi by 44 points, then had to wait a week to see who they would play in the grand final. St. Helens had a chance to win the preliminary with the last kick of the day, but failed, so Bridport went into the final to have another shot at Lilydale.

Grand final day was a high standard game with not much between the 2 teams, but Lilydale ran the ball and hit their targets a little better than Bridport which showed out in the final quarter. At $\frac{3}{4}$ time, Lilydale trailed by 7 points. Well into the final quarter, Matthew Zanetto kicked a classy goal to put Lilydale in front, then a few minutes later Matthew kicked another goal and Lilydale ran out winners by 12 points. Jay Lockhart was best on ground playing at centre half back. Robert Blair was getting a lot of the ball on the wing. Jack Tuckerman, Thane Bardenhagen, Beau Tuthill and Billy Arnol all worked hard in a great team effort. The boy's hero of the day, Matthew Zanetto, was carried from the ground by his proud team mates. Congratulations to coaches Barry Hawes and Trevor Avent for a great year.

The Reserves played Winnaleah in the 2nd semi. They started well, kicking 3 goals in the 1st quarter. Thinking they were on easy street, as roster games had been for them all year, they had too many players not playing hard enough and only had a few players keeping them in the game. The coach's mother was heard saying "I can't look, they are playing like a lot of old fowls". Winnaleah applied pressure and were in the lead well into the final quarter, but Lilydale fought back and with only 7 minutes to go hit the front and went on to win by 7 points.

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Grand final day, they again played Winnaleah. Lilydale came out fired up after having 2 weeks to think about their game. The game was very even up to half time. Winnaleah applied plenty of pressure, Lilydale hoping they would run out of legs as they had already played two hard final games and Lilydale had had a weeks rest. Greg Nutting was outstanding on the day. Lane Dwyer had a good game, as did Stuart Lockhart, Nick Venn, Adam Shea and Aaron Hume. Kane Tuthill ran the ball well from full back on many occasions and Phil Whiting was in and under the packs all day. The two boys, Taylor Grimes and Alex Blair, showed plenty of potential on the wings. Ever reliable Scott Brockett also played well in a team effort running out winners by 22 points.

Congratulations to coaches Bruce Lockhart and Phil Whiting for all their hard work during the year.

In the Seniors, 2nd semi, Scottsdale Crows kicked with the wind in the 1st quarter but Lilydale's backline held out many attacks by the Crows to be 4 points in front at ¼ time. Brendan Hawes was attempting to get into the faces of the opposition and was seen fronting Al Waterhouse on several occasions, all to no avail as he only reached his belly button. Everyone was expecting Lilydale to kick away with the aid of the breeze in the 2nd quarter but the Crows hung in there to be only 11 points down at ½ time. The wind dropped and the rain came in and the Crows pegged back the margin to 5 points at ¾ time and hit the lead in the final quarter. But with persistent and determined play by the Demons they regained the lead and won by 19 points.

Grand final day was a perfect day for football and supporters, plenty of sunshine and no rain or wind. Playing the Crows again, it was the exact opposite conditions to the 2nd semi.

The game started off very physical, each team trying to get the upper hand early in the game. Lilydale kicked two early goals through Anthony Viney and Ty Woods. Connor Tuckerman was left snoozing on the ground and was taken off with a spinning head and a blood nose. Lilydale led by 16 points at ¼ time. Steve Buchanan and Levi Tuthill were winning the ball away from the centre bounce and Kim Curtis was making his presence felt around the ground, but the Crows did well in defense and Al Waterhouse kicked 4 goals and the match was all tied up at half time.

Lilydale took advantage of the breeze in the 3rd quarter and took note of the firm talk from coach Neville and played very disciplined football in the 3rd quarter. Connor had another snooze and left the ground with a sorer nose! As Ben Arnold took Connors spot in the ruck, he also went down to the ground – this time it was friendly fire, hit by team mate Curtis!!

Robert Flynn played his best game of the season. Brendan Hawes playing his usual hard game, kicked two valuable goals and the Demons led by 40 points at ¾ time.

Lee Betts had been down in performance in the last couple of games but lifted for the grand final kicking 5 of his 6 goals in the last quarter, putting the game well out of reach for the Crows, as Lilydale stormed home to a 51 point win and their 1st Premiership Flag for 13 years.

WELL DONE TO ALL THE PLAYERS AND COACHES. Annual Dinner and Trophy Presentation Night at clubrooms Saturday 13th October at 7.30 p.m.

Ed: Congratulations to all involved in the recent clean sweep of the NEFU grand finals by all 3 Lilydale teams. I'm sure there were a number of very sore heads around the town on Sunday morning.

Lilydale CWA Notes

Ah Spring is in the air; isn't life wonderful.

The members met on the first Wednesday in September at 10am, enjoying a coffee and 'catch up'. The meeting opened and items discussed. Two of our long standing members were absent due to illness; all of us wish them well and trust they will be feeling 100% better by now, and that they will be able to join us for the next meeting. Members look forward to sharing their company soon.

After the meeting those who could stay assembled the Samaritan Boxes which are provided each year to go to under privileged children in overseas countries. The Australian boxes go to New Guinea and south-east Asia, these are often the only gift the child will receive and they are shared with others and treasured greatly.

We were able to fill 22 shoe sized boxes with many articles a child would enjoy including toiletries, writing paper, coloured pencils, many different toys, hard lollies and games. It is a great pleasure to be involved in this activity, to give something to those who will not have what we have here in this abundant country of ours.

Lilydale branch received 1st prize at the Handcraft Group in Launceston for the 'bag for a walking frame' and 3rd for four different slices; very well done to those ladies who were responsible. For October the challenge is to make shortbread and decorations for Xmas.

On September 18th members will attend a workshop in Launceston on the type of embroidery known as Blackwork; this will be most interesting and in October there will be a Bargello demonstration, again another type of embroidery!

In September members traveled to Port Arthur for the annual state conference, the bus trip stopping at Ross and Richmond and the functions at the Fox and Hounds were also a highlight of the 2 day event. Members

(Continued on page 4)

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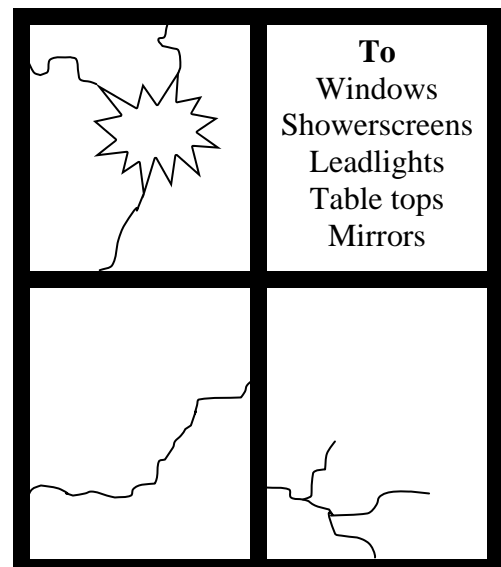
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enjoyed interesting guest speakers and renewing friendships as well as delicious meals.

We are preparing a display for the School Fair which will showcase what it is that CWA is about and what we get involved in. It will also include information on the organisation at a national and international level so lookout for us at the Fair.

Next meeting on October 3rd (first Wed. of the month) at 1.30 in the Old Court House in Lilydale, bring a UFO and "smells that recall your childhood". If this sounds like a friendly group you would be most welcome to come along and meet us there.

Mary Walsh Centre News

September brought a new group to the Centre in the form of the North Launceston Bowls Club Ladies Singers. They were fantastic as they entertained us with their singing, poetry recitations and acting with colourful and sometimes hilarious costumes.

Entertainment was also enjoyed at Aldersgate Village with poetry reading and harmonica, spoon and tambourine playing followed by afternoon tea.

Dianne Brzeski brought a Nutrimetics display to the Centre and at the same time provided wonderful foot soaks and massage treatments to feet and hands for the clients. Lucky door prizes were given out and several sales were made.

Heather conducted community singing twice in the month with several of our visitors joining in to help make a 'joyful noise'.

The most impressive exhibition of local arts and crafts created for "Living Artists' Week" held in the Old Library was greatly appreciated and we are glad to know that there are so many talented artists living in our community. We would like to thank and congratulate the Lilydale branch of the Arts Council for organising the exhibition.

Many skilled hands are busy creating suitable contents for the Samaritans Purse Christmas boxes. The sewing machine is running hot with Vanessa's bag making.

It was good to enjoy the happy company of the many who attended the "Dining With Friends" luncheon again and we look forward to seeing some new faces next month.

Ellena, our old friend from Radio WAY FM, entertained us with the latest tape of music requests and the reading of some good jokes.

We were glad to welcome, Bec Stosh, who used some of her holiday time to be of help and good company. Thank you Bec.

We are grateful to the "Wayward Minstrels" who entertained us with songs, verse and drama. This dedicated group of locals brought warmth and laughter to the centre and were enjoyed by all.

Karoola Playgroup

This month at Playgroup hasn't been as jam packed as previous months due to school holidays. Making Father's Day cards, photo frames and other items have been the craftiest things we have done.

Term 3 we have a whole lot of things planned. We will be having outings to the Fire Station and the Bike Centre. We have more craft activities and lots of outdoor play if the weather permits.

Our fundraisers for next term are Pied Piper Portraits. Michael will be at the Karoola Hall on Sunday 14 October, if you would like to book at time contact Kathryn or Elise on the numbers below. We are also selling 'Crunchy Ice Cream' instead of having a Christmas raffle, this is a new product and comes as a block of ice cream with nothing to do or add and it doesn't need to be kept cold!!!!

If you are interested in joining our playgroup you will be made most welcome. It is suitable for children from birth to 5 years and their parents or grandparents and

we meet every Wednesday at the Karoola Hall (unless we have an outing planned) from 10-12. It costs \$2.50 per family and morning tea is provided for adults (please bring morning tea/lunch and drink for children).

We have a printed schedule of activities for the term, so if you would like us to send you one or if you require any further information about playgroup, please contact us on the numbers below. Otherwise just turn up on Wednesday.

President: Elise Smith 63954118
Treasurer: Kathryn Scott 63952069
Secretary: Jackie Hawes 63948075

Quotable Quotes:

The nine most terrifying words in the English language are, 'I'm from the government and I'm here to help.' - **Ronald Reagan**

The future, according to some scientists, will be exactly like the past, only far more expensive. - **John Sladek**

I've got all the money I'll ever need if I die by four o'clock this afternoon. - **Henry Youngman**

Some people ask the secret of our long marriage. We take time to go to a restaurant two times a week. A little candlelight, dinner, soft music and dancing. She goes Tuesdays, I go Fridays. - **Henry Youngman**



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Health Notes

from the Lilydale Pharmacy

Hayfever

Medically speaking, hayfever is known as allergic rhinitis. Rhinitis means inflammation of the nasal passages – but the allergic inflammatory process doesn't stop at the nose. The symptoms of hayfever are many and varied. Typically they include sneezing, a clear nasal discharge, watery, itchy eyes, itchy throat, blocked nose and lack of energy. Headache sometimes occurs and the sense of smell can also be affected.

Hayfever is a global health problem. It affects about 25% of the world's population. In Australia the situation is even worse, with about 40% of adults in this country showing allergy symptoms – usually allergic rhinitis. This makes hayfever the most common chronic condition for people consulting their doctor.

Hayfever can be classified as mild, moderate or severe. In severe hayfever work, school, leisure activities or sleep are affected. The spring and summer allergy "season" can extend from August through to March, when the first wattles blossom until the last of the rye grasses have died down. The house dust mite (a common trigger factor for persistent hayfever) can live happily in our mattresses and carpets throughout the year.

Oral antihistamines are particularly helpful at controlling symptoms. Polaramine, Phenergan and Periactin are effective but often cause drowsiness. Claratyne (Generic version: Lorastyne), Telfast (Generic versions: Fexotabs & Xergic), and Zyrtec don't cause drowsiness, in the majority of people and can be taken once a day.

Decongestant tablets like Sudafed are often used but

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Well, we are no sooner over Father's Day when our first shipment of Christmas gift lines has arrived and already been unpacked. So do not make the mistake of leaving your Christmas buying till the last minute or you will probably miss out. In the past, once sold out, it is almost impossible to procure additional Christmas stock. This year Australia Post has such an exciting range of products, and I feel that they are even better than last year and I know that they will be in great demand. From weather stations to computer games for kids, scrap books to floor puzzles, binoculars to golf putting sets, fishing and barbeque sets plus many more interesting Christmas gifts are available to suit most age groups.

The great value children's and adult packs of books are even more inexpensive this year ranging from \$4.95 to \$29.95 and are available in store now. There is a much wider range of books to choose from this year with still more to come.

If you see something you would like to give this Christmas, please put it away on layby with or without a deposit to avoid disappointment. There are no additional charges to use our layby system at the Lilydale Post Office.

See you there!!!!



they can elevate blood pressure and keep people awake. Decongestants are more effective when used in combination with an antihistamine. There are many of these medications available, including Demazin, Sinutab and some Chemist Own brands. (You may be asked to produce a driver's licence when purchasing pseudoephedrine-containing products due to the illegal conversion of these products into street drugs.)

If a runny nose is the main problem, the antihistamine nasal spray Azep is a useful alternative. This can be used intermittently when it is needed.

For moderate to severe and persistent runny noses and blocked noses, the corticosteroid nasal sprays are the best option. Products in this category include Beconase, Telnase and Rhinocort. These nasal sprays must be used every day to maintain their effectiveness, but take a few days of use before they begin to work. They are safe to use for several months continuously if needed.

Decongestant sprays like Nasex or Sinex can be helpful over a short period. The problem with these sprays is 'rebound congestion' which can occur if the spray is used for more than 5 days in a row. If used regularly, have a break for 2 days after 5 days of use.

When using any nasal spray, it should be aimed up the nose towards the ear, and not straight up. If you can taste it then the spray is not going to the right place.

For itchy eyes, antihistamine eye drops are more effective than tablets but sometimes make the eyes sting. Naphcon A seems to cause less stinging. A cold damp cloth across the eyes will settle them quickly.



Severe hayfever may require a visit to a doctor.

Lilydale Area School Farm

Excerpt from The Examiner 17/12/1953

The purchase of 26 acres of land for a school farm was one of the main improvements to the Lilydale Area School during the year stated the head teacher Mr WJ Thornton in his annual report.

Other improvements included the erection of a prefabricated classroom and a lavatory block for the infant school. In addition Mr Thornton said the public works department has prepared a plan for a school recreation ground and it is hoped work will commence shortly. The average attendance this year was 299.

Pupils who gained full attendance marks this year were Maureen Arnold (three years), Dolores Bassett, Beverly Hodgetts, Jessie Symons, David Taylor, Bill Rowley, Peter Youl and Terry Shepherd (two years), Terry Smith, Ron Smith, George Swain, Ken Dolbey and Ruth Franklin (one year)

Margaret Watkins who has served for three years as a patrol officer was presented with the road safety council medallion. Certificates were also presented to Pat Brown who has served for two years and Noelene Lockett, Dolores Bassett, Margery Symons, Robert Hawes, Max Hammersley, George Smith and Ronald Hammersley (one year).

Five children qualified for admission to secondary schools. They are Tony Kettle, Robert Burke, Gwen Freeman, Beverly Rebecca and Dianne Brooks. Those who gained modern school certificates were Maureen Arnold (dux of the school), Henry Franklin, Harley Miller and Pat Brown, Presentations were made to two teachers who have been transferred. They are Mr D Jones who is appointed to Royal George and

(Continued on page 8)

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Miss M Chick who goes to Boat Harbour Area School.
Mr CF Roberts (Charles St) and Miss G Maddock
(Glenora) will fill the vacancies.

Duces for 1953:
Grades: 1a Leonie Rush,
1b Vicki Sulzberger,
2a Eileen Kettle and Carol Lowe,
2b Barbara Smith and Robert Youl,
3 Kaye Viney,
4 Ken Turner,
5 Margaret Murfett,
6 Valerie Cook.
7 Dolores Bassett,
8 Gaye Arnold,
9 and school Maureen Arnold.

Lilydale Online Access Centre

Thanks to our stalwart committee for their help over the past 12 months. Our AGM was an interesting evening of reminiscing on the past year and focusing on our plans for the coming year, it should be a very exciting 12 months for the centre.

Do you have relatives visiting Tasmania from Interstate or overseas? Not sure where to take them or what advice to give about places to go and things to see? Have you really seen all our beautiful state has to offer? If you can't answer these questions then the Discover Tasmania website is just the place to find out.

You'll find information about places and events as well as facts and figures and frequently asked questions about Tassie. (Even some information on moving here).

What's On covers things such as: Conventions, Markets, events, Galleries & Museums.

Things to See and Do covers lifestyle, history, wilderness, garden and wine & food.

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Where to Stay covers all aspects of accommodation around the state, including B&B, hotels, camping, caravans, hostels, and much more.

Getting to and Around covers all those how do I get there type questions. Whilst the map section gives detailed maps of any area in the State, there are also Itinerary ideas and heaps of pictures. It's all there to discover at www.discovertasmania.com.au

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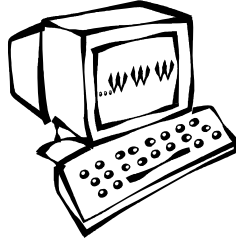
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Don't forget our other sites:

www.lilydaletas.net - Lilydale community website

www.hart.org.au - Links to lots of Health sites

RSL

The Lilydale Sub Branch of the R.S.L.A. held their first meeting since winter recess on Thursday Night. The good news is that we were successful in receiving a grant to cover bus trips for our community members and we have planned the first one to be a trip to Hobart. The date is the 18th of November (Sunday) leaving Lilydale at 8 am at the Memorial Hall and traveling to the Domain in Hobart to visit the Soldiers Memorial Walk with lunch at a R S L A club. I can assure you it will be a great day!

Names of people willing to attend can be left with Sue Watson by phoning 6395 1361.

Our gratitude goes to Carol and the community groups who gave us letters of support for this project .

Our next meeting is on the 18th October at the Senior Citizens Club rooms at 7.30 pm and new members are most welcome.

Senior Citizens

Our club days are Tuesday and Friday afternoons all seniors are welcome to come along for a friendly chat and bring a friend for afternoon tea.

Our 2 trips to Ravenswood have been delightful with our No 2 team coming runner up. Our next 2 months will be busy with Tom Coffey held at Deloraine in October and our own carnival held early November. It's Lilydale's turn to host the Tamar Valley this year which is held between Beaconsfield George Town & ourselves.

Our next meeting will be held on 2nd October at 1-30pm. all welcome Robyn East.

Lions Club News

Plans are underway for our annual senior citizens bus trip to be held on Sunday 25 November 2007. More details will be available in the next issue of the Progressive.

Recently the Club received a new order of cow manure so if you would like to get your spring/summer garden growing, please ring Stephen 63951323 with your order. This is one of our main fundraisers so please support our efforts.

At our September dinner meeting, a representative from Samaritans Boxes spoke about the organisations efforts to provide Christmas gifts for disadvantaged children in Australia's region. Tasmania provides more boxes per capita than any other state which shows what generous people Tasmanians are.

Lilydale Memorial Hall

The committee of management for the Lilydale Memorial Hall is seeking new members. The current membership is made up of local residents, all of whom have been part of the committee for over twenty years – a wonderful record. However, they are all getting older and wearier and would love to see some new young blood come on to the committee! It is not an onerous task being a committee member. The



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committee meets only three or four times a year, the bookings for the hall are managed by the Post Office, the maintenance is mainly managed by Council, so it is generally only a matter of overseeing matters, managing the records, etc.

We would particularly like to see some of the younger members of the Lilydale community join up so that you can help us continue to move the hall management forwards in to the future. We want the hall to be an integral part of the Lilydale community, but to do this we need your involvement. Please join us at the AGM on Thursday, October 11 at 8pm and show your support for your local hall.

Spring Planting

Sweetcorn

Sweetcorn likes a long hot growing period, with plenty of food and water. It's a big feeder, so dig in lots of manure and other organic matter prior to planting.

Sow seeds directly in furrows about half a metre apart, as soon as it's consistently warm in spring.

Thin seedlings to about 40cm apart. Sweetcorn needs to be grown in blocks to assist with pollination. Once the seedlings are big enough, mulch right up to the stem, preferably with compost.

Keep mulching. Provide lots of water and feed regularly with a good organic liquid fertiliser. Sweetcorn is ready to harvest when the silks are dry and brown.

Spring onions

They're called spring onions but I find that they'll grow all year round. It's usual to sow seeds in spring through summer. A late summer to early autumn sowing will give the plants enough time to grow large enough to

last right through winter.

Let them grow close together or you can grow them in clumps. I sprinkle seeds along shallow drills and backfill lightly. Keep the soil damp until seeds have germinated.

Don't mulch up to any plants in the onion family.

Spring onions are great in stir fries, salads and tabbouleh

Lettuce

Lettuce requires moist but well drained soil. Feed well with organic liquid fertiliser by mulching with compost, and provide plenty of water. It can be grown in full sun in Tasmania but will also grow well in semi shade in summer.

Plant seedlings but also sow seeds direct in rows. If sowing direct, sprinkle seeds along a shallow furrow, backfill lightly and water.

Young seedlings are easily transplanted, so prick out extra seedlings and replant somewhere else. Spacing depends on the variety of lettuce but 30cm is a good rule of thumb for most varieties.

It's best to harvest whole lettuces when young. I also like to grow varieties like mignonette so I can remove a few outer leaves at a time if I don't need a whole lettuce.

For a continuous supply of lettuce plant every 2 weeks.

Open Gardens

New Garden

New garden to the 2007/08 season is **Leybourne**, (3 High Street Evandale), just south of Launceston. A collector's delight, this has captivating vistas of South Esk River and Tasmania's Western Tiers. Richly textured perennial borders, spring bulbs, shrubs and mature trees shelter shade-loving plants. Notable specimens are a glorious medlar, ornamental pear, standard buddleia and magnificent corkscrew willow. Selected clematis and climbing roses trail over walls and arches.

Special Event

Personal Perspective at Conmel

Tamar Valley

Booking details:

Bookings are essential for this event as places are very limited.

Tickets \$35 includes garden tour, tea/coffee.

Saturday 17 November. 2pm.

A special opportunity to visit this outstanding garden and potager overlooking the Tamar River.

Originally an Edwardian orchardist's residence, the property has been lovingly developed by Geraldine and Brett Flood over many years.

BACKHOE HIRE

4 x 4 with extender dig



Owner Operator with
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Email: lilydale.district.school@education.tas.gov.au

MARSSS

The MARSSS team, Mr Symons and Ms Stanfield have had a very busy term, and for working only half a day a week, have completed a huge amount of work.

Projects finished are : three umbrellas for 9/10 area, soccer goals, weight racks for the gym, basketball backboards, kinder toys repainted, prep blocks rejuvenated, frog pond liner installed, frog pond fencing, footy umpire flags, covering books, MDT and gym equipment racks Congratulations team. Well done.

Liz Stanfield



Above: Adrian Procter and Nathan Hodgetts



Above: Nathan Hodgetts in front of the new equipment racks in the MDT Department.

MATHS RELAY

On Sunday, 19th August Lilydale District School was represented at the MAT Maths Relays. There where two teams of 4 people who went into Newstead College to compete against a range of primary and secondary schools. The 7/8 team consisted of Ben Hopf, Stephanie Mahnken, Tayla King and Jed Ryan. The 5/6 team consisted of Brock Bullock, Lincoln Marthick, Damon Long and Kehnan Wilde. In the relay the two teams had to work through a range of questions. Some of the questions where easy and others very challenging. There where 20 questions altogether and each team had 45 minutes to complete them. It was the first time Lilydale had competed in the Maths Relay, and although we didn't win we are looking forward to competing again next year. We all had fun and our brains got a good work out.

By Jed Ryan, Kehnan Wilde and Brock Bullock



Above: Tayla King, Stephanie Mahnken and Jed Ryan competing in the Grade 7/8 Maths Relay

Right: Kylie, Jason and Rachel Holmberg

Kids in the kitchen

On Monday, 20th August it was very busy in the school kitchen. A workshop was run for K- 4 parents and their children and facilitated by senior Food Studies students. The idea of the workshops was to

- Enhance students knowledge of the importance of fruit and vegies in the diet,
- Give information to parents about diet related illnesses
- Encourage nutritional well being and healthy weight
- Give parents ideas for meals and lunchboxes.

The day was very successful and we have been asked for future workshops to be held.

The 'Kids in the Kitchen' cookery session was funded by Gunn's Limited with a cheque of \$275 which we received as a result of our application to the **Gunn's Student Enterprise Grants Program**. We have taken lots of photos to send off to support our entry in the "Wicked Vegies" nutrition competition being run state-wide.

Mrs Wilson, Sarah Warren, Amy Kelp and Tarshie Chugg



Lilydale District School Association Inc.

We would like to ask representatives of the community to consider joining our School Association. This is a great opportunity to gain some insight and have input into school decision-making. Appointment is for a two year period. The Association meets, on average, six times during each year.

The functions, objectives and purposes of the Association are:

- to participate in the formulation and development of -
 - a set of beliefs, values and priorities for the School; and
 - the School policies and code of conduct;
- to provide advice and recommendations to the Principal in relation to the general operations and management of the School;
- to participate on the selection panel in respect of any advertised permanent vacancy for the position of Principal;
- to foster cooperation among teachers, students, members, parents and the community;
- to provide advice and recommendations to the DoE Secretary on any matter relating to policy;
- to approve the School budget;
- to undertake any other function the Minister may determine in accordance with Section 27 of the *Education Act*.

The next meeting of the Association is scheduled for Monday, 8th October 2007, 6.00pm at the School. We very much appreciate the support of our community and invite interested persons to complete a nomination form available from the School Office. This form should be returned to the School by Monday, 1st October 2007.

Greg Morgan
Principal/Public Officer

UPHOLSTERER
 Stephen Griffin
 6395 1323

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 1976 Main Rd, Lilydale - opp the PO
 Contact Ian or Jillian on 6395 1007, or
 lilydaleantiques@aapt.net.au

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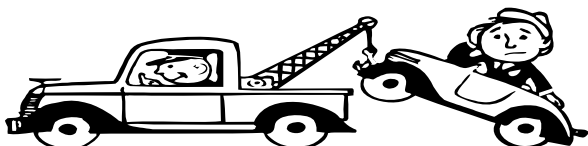
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Spring Recipe

Slow Roasted Greek Lemon Lamb with Potatoes

2-3kg leg of lamb
 2-3 good sized lemons juiced (I like lots of lemon juice)
 Salt and Pepper
 5 or so decent sized desiree potatoes peeled and quartered (enough to just fit in the pan with the lamb in a single layer)
 Fresh oregano leaves
 Fresh sliced garlic
 1/2 cup of chicken stock
 2 tbl good olive oil

Preheat oven to 180C

Chuck lamb in baking dish and rub with a little of the lemon juice, salt and pepper.

Cut slits all over the lamb and place oregano leaves and garlic slices in slits.

Bake for an hour until top is nice and brown (give a good baste with juices halfway through), turn down heat to 150C, turn lamb and give a good baste with juices in bottom of pan, cover pan tightly with foil (baste the underside of the foil with a little olive oil so the acid from the lemon doesn't degrade it) and cook for another 30 mins.

Add potatoes to pan. Combine oil, lemon and stock and add to pan (I always add a crushed garlic glove and some extra oregano to the liquid). Give everything a good baste and make sure all the potatoes are in the liquid.

Put back in oven covered and bake for another 1.5 hours. Baste meat and turn potatoes often.

Turn meat back around and bake for another 1-1.5 hours (covered), I always go by my feeling of when its ready as I like my lamb tender, keep basting and turning potatoes.

Take lamb out and wrap it tight in the foil and set aside. Turn heat right up and brown those tatties good!

Once tatties are ready serve and spoon some of the pan juices over the meat. It is divine, and the potatoes are absolutely gorgeous! I always keep the leftover juices to have with any leftover lamb.

Just for Fun

You Can Take it with you!

There was a man who had worked all of his life, had saved all of his money, and was a real miser when it came to his money. He told his wife, "When I die, I want you to take all my money and put it in the casket with me. I want to take my money to the afterlife with me."

And so he got his wife to promise him with all of her heart that when he died, she would put all of the money in the casket with him.

Well, he died. He was stretched out in the casket, his wife was sitting there in black, and her friend was sitting next to her.

When they finished the ceremony, just before the undertakers got ready to close the casket, the wife said, "Wait just a minute!"

She had a box with her, she came over with the box and put it in the casket. Then the undertakers locked the casket down, and they rolled it away.

So her friend said, "Girl, I know you weren't fool enough to put all that money in there with your husband."

The loyal wife replied, "Listen, I'm a Christian, I can't go back on my word. I promised him that I was going to put that money in that casket with him."

"You mean to tell me you put that money in the casket with him!!!!?"

"I sure did," said the wife. "I got it all together, put it into my account and wrote him a check. If he can cash it, he can spend it."

Need Help with your weeds? Quikspray Unit on Trailer

Available For Hire

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The unit is easy to use with 100 metres of hose – remote radio retractable – mounted on a trailer. With a little help from you, it is DEATH TO WEEDS.

This service is made possible by the valued sponsorship of:

Neil Buckby Motors

Elders Ltd and Seacol – together with **Tamar Natural Resource Management** – your NRM group.

Please congratulate them and reward them.

Advance bookings for Spring and Summer are now open. **Prize awarded to the first 5 bookings.**

Phone Chris Strong 6395 1350 or
Greg Duke 0407 882 595



1

Annette Waddle

1

Full time Alderman.

President - Lilydale
District Progress
Association.

Member of Hollybank
Development Committee

I'm only a phone call away
on 6395 2070.



I stand on my record of
working for the betterment of
Lilydale and all rural areas.

Including:

- Doak's Rd footpath from Rec Ground to Main Rd for safety reasons
- Upgrading of Courthouse facilities & drainage
- Completion of Bangor Rd, bridge & roadworks
- Bridgeworks on Doak's Rd

I would appreciate your No 1 vote for

Alderman

Launceston City Council

Authorised & Printed by A.L. Waddle - 1014 Prossers Rd, Nunamara, 7259

Community Noticeboard

Karoola Hall and Recreation Committee

Annual General Meeting

will be held at Karoola Hall on Thursday 18th October, 7.30 p.m.

All welcome to attend.
David Pinner (Secretary)
0427 954 228

A Fair to Remember

The fair committee would like to invite community groups to have stalls and displays.

We are after donations of Bric-a-brac, preloved clothing in good condition and small household items. (Contact Tammie East 63954403)

If you don't have any items to contribute, why not let us have your favourite recipe to include in our Recipe Book.



People can contribute to this by dropping the recipes into the school or emailing them to:

darlene.mclennan@education.tas.gov.au

Lilydale Landcare Association

An Invitation

To attend a presentation at Mt. Arthur Centre, 50 Whites Mill Road, Lilydale at 7pm on Friday October 12th

"Thinking Profitably for the Future- "The Tamar Principles"

The outcomes of the recent Tamar NRM/UTAS Centre for Environment International Conference in Launceston "Balancing Production and Conservation" will be explained by Kelly Bailey (Tamar NRM Executive Officer) with Chris Strong (Conference Convenor).

This presentation with visuals will be preceded by the 2007 Lilydale Landcare AGM at 7 p.m.

All future thinkers welcome – no charge – supper provided.

Lilydale Recreation Ground Committee

Annual General Meeting (AGM)

The AGM was held on Monday, 24 September 2007 at the Lilydale Recreation Ground at 7.30pm.

The committee encouraged community members to attend. Anyone interested in joining the committee should contact David Walsh on 0418 128 877.

For further information about the AGM contact Lucy Marshall on 6323 3613.

Lilydale Catholic Community

Fashion Parade

Saturday 20th October

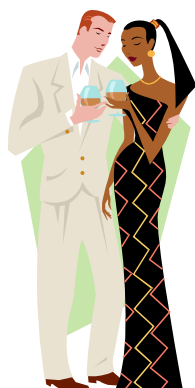
at the
Lilydale Hall, commencing 8 p.m.

Ladies and Mens fashions modeled by professional models.

Tables of ten available for you to make up a party.

Tickets \$15.00 pp, must be pre-booked.

Contact: Colleen O'Reilly on 6395 4131 or Dallas Mahnken on 63 95 4274 (evenings).



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MAIN ROAD, LILYDALE

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Free parking available

October 2007

Mon	Tue	Wed	Thu	Fri	Sat	Sun
1	2 Progress Association TOCHC 7.30pm Lilydale Senior Citz 1.30 pm	3 CWA 1.30pm Lions 7.30 pm	4	5	6	7 Pony Club Karoola Oval
8	9 Retirement Units 7.00 pm	10	11 Neighbourhood Watch Fire Station 8 pm Memorial Hall AGM 8pm	12 Landcare AGM & Presentation 7pm	13 Footy: Dinner & Trophy Night 7.30pm	14 Karoola Playgroup Pied Piper Portraits
15	16	17 Lions 7.30 pm	18 RSL 7.30 pm Karoola Hall AGM 7.30pm	19	20	21
22	23 Mary Walsh Centre 7.30 pm	24	25	26 Lilydale School Fair	27	28
29	30	31 Red Cross 11 am				

Every Monday: *Valley Voices: Uniting Church, Main Rd, 7.30 pm* Every 2nd Monday: **Fire Brigade Training: 7-9 pm 6395 1260**
 Every Tuesday: *Day Care: Main Rd 9-3, Senior Citizens: Clubrooms 1.30pm,*
 Every Wednesday: *Karoola Playgroup: Karoola Hall 10 am, Tai-Chi: Uniting Church Hall 9.30 am, Lilydale Playgroup: Anglican Church 10-12*
 Every Thursday: *Day Care: Day Care Centre Main Rd 9-3 • Every Friday: Senior Citizens Bowls: Clubrooms 1.00pm*

Lilydale Emergency Directory:

Fire: 000
Police: 000
Ambulance: 000
 Launceston General Hospital: 6348 7111
 Poison Information Service: 131126
 Doctor: 6395 1455
 6395 1258 AH
 Pharmacy: 6395 1336
Need a Fire Permit, contact one of these people:
AUSTINS ROAD/ROWLEY HILL ROAD
 Permit Officer – Bob Smith Ph: 0428 954 194
 Permit Officer – Shane Coleman Ph: 0407 263 120
LOWER TURNERS MARSH/BANGOR/KAROOLA
 Permit Officer – Jeff Tonkes Ph: 6395 4495
 0418 368351

LEBRINA

Chief & Permit Officer – Mark Wilson Ph: 6395 6179
 Permit Officer – Robert Hawes Ph: 6395 6270

LILYDALE

Chief & Permit Officer – Kim Coleman Ph: 6395 1260

PIPERS BROOK

Chief & Permit Officer – Peter Harley Ph: 63827181
 Permit Officer – Ian Sauer Ph: 6382 7179

PIPERS RIVER

Permit Officer - Andrew Francombe Ph: 6395 4391
 0418 133 917
 Permit Officer - John Hurst Ph: 6382 7138

TURNERS MARSH/FINGER POST HILL

Chief: Leon King Ph: 6326 4363 0428 435 296
 Allison King Ph: 6334 4106 0419 316 964
 Bob Smith Ph: 0428 954 194

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The Lilydale Progressive is published monthly from February to December by the Lilydale District Progress Association Inc. Letters to the Editor (up to 200 words) and other copy may be left at the Lilydale Pharmacy. Articles may also be forwarded on floppy disk in any text format or via e-mail to:
lily_progressive@yahoo.com.au

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1/4 page	\$25	per issue
1/2 page	\$50	per issue
Full Page	\$100	per issue
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Classifieds

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Phone. 63 95 6122

A man was sprawled across three entire seats in a theatre. When the usher came by and noticed this, he whispered to the man, "Sorry sir, but you're only allowed one seat." The man groaned but didn't budge. The usher became impatient. "Sir," the usher said, "if you don't get up from there, I'm going to have to call the manager."

Again, the man just groaned, which infuriated the usher who turned and marched briskly back up the aisle in search of his manager. In a few moments, both the usher and the manager returned and stood over the man. Together the two of them tried repeatedly to move him, but with no success. Finally, they summoned the police. The cop surveyed the situation briefly.

"All right, buddy. What's your name?"

"Sam," the man moaned. "Where ya from, Sam?" the cop asked. "The balcony."



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Botanical Gardens – Major Spring Celebration in the South Coast Travel. \$35.00 pp coach travel

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Join us on a tour of this paradise island. Our tour includes a fishing cruise with one of the island's most respected charter boat operators. Cost for this tour: \$1326.00 pp twin share. Includes air fares ex L'ton, Motel Accommodation, boat cruise, all entries, Coach Tour. Itineraries available from our office.

TASMANIAN CRAFT FAIR DELORAIN: Sunday 4th Nov 2007
Enjoy a day at the largest craft fair in Tasmania. \$22.00 pp Coach Travel only

WEST COAST WILDERNESS: 3 DAY Depart Saturday 3rd November 2007
Experience Wilderness railway & West Coast scenery travelling from Queenstown to Strahan on this world renowned restored railway. (Itinerary Available) \$490.00 pp T/S (All inclusive)

5 DAY CHRISTMAS TOUR: Departs Sunday 23rd December 2007 - South West Wilderness, Lake Pedder, Gordon Dam, Crotty Dam, Lake Plimsoll and more. (Itinerary Available) \$860.00 pp T/S (All inclusive)

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